
**PART N
COTTON DUST**

WAC

296-62-14533	Cotton dust.
296-62-14535	Appendix A--Air sampling and analytical procedures for determining concentrations of cotton dust.
296-62-14537	Appendix B-I--through B-III--Respiratory questionnaire.
296-62-14539	Appendix C--Spirometry prediction tables for normal males and females.
296-62-14541	Appendix D--Pulmonary function standards for cotton dust standard.
296-62-14543	Appendix E--Vertical elutriator equivalency protocol.

WAC 296-62-14533 Cotton dust.

(1) Scope and application.

- (a) This section, in its entirety, applies to the control of employee exposure to cotton dust in all workplaces where employees engage in yarn manufacturing, engage in slashing and weaving operations, or work in waste houses for textile operations.
- (b) This section does not apply to the handling or processing of woven or knitted materials; to maritime operations covered by chapters 296-56 and 296-304 WAC; to harvesting or ginning of cotton; or to the construction industry.
- (c) Only subsection (8) Medical surveillance, subsection (11) (b) Medical surveillance, subsection (11)(c) Availability, subsection (11)(d) Transfer of records, and Appendices B, C, and D of this section apply in all work places where employees exposed to cotton dust engage in cottonseed processing or waste processing operations.
- (d) This section applies to yarn manufacturing and slashing and weaving operations exclusively using washed cotton (as defined by subsection (14) of this section) only to the extent specified by subsection (14) of this section.
- (e) This section, in its entirety, applies to the control of all employees exposure to the cotton dust generated in the preparation of washed cotton from opening until the cotton is thoroughly wetted.
- (f) This section does not apply to knitting, classing or warehousing operations except that employers with these operations, if requested by WISHA, shall grant WISHA access to their employees and workplaces for exposure monitoring and medical examinations for purposes of a health study to be performed by WISHA on a sampling basis.

(2) Definitions applicable to this section:

- (a) **“Blow down”** - the cleaning of equipment and surfaces with compressed air.
- (b) **“Blow off”** - the use of compressed air for cleaning of short duration and usually for a specific machine or any portion of a machine.
- (c) **“Cotton dust”** - dust present in the air during the handling or processing of cotton, which may contain a mixture of many substances including ground-up plant matter, fiber, bacteria, fungi, soil, pesticides, noncotton plant matter and other contaminants which may have accumulated with the cotton during the growing, harvesting and subsequent processing or storage periods. Any dust present during the handling and processing of cotton through the weaving or knitting of fabrics, and dust present in other operations or manufacturing processes using raw or waste cotton fibers

WAC 296-62-14533 (Cont.)

or cotton fiber byproducts from textile mills are considered cotton dust within this definition. Lubricating oil mist associated with weaving operations is not considered cotton dust.

- (d) **“Director”** - the director of labor and industries or his authorized representative.
 - (e) **“Equivalent instrument”** - a cotton dust sampling device that meets the vertical elutriator equivalency requirements as described in subsection (4)(a)(iii) of this section.
 - (f) **“Lint-free respirable cotton dust”** - particles of cotton dust of approximately 15 microns or less aerodynamic equivalent diameter.
 - (g) **“Vertical elutriator cotton dust sampler” or “vertical elutriator”** - a dust sampler which has a particle size cut-off at approximately 15 microns aerodynamic equivalent diameter when operating at the flow rate of 7.4 ± 0.2 liters per minute.
 - (h) **“Waste processing”** - waste recycling (sorting, blending, cleaning and willowing) and garnetting.
 - (i) **“Yarn manufacturing”** - all textile mill operations from opening to, but not including, slashing and weaving.
- (3) **Permissible exposure limits and action levels.**
- (a) Permissible exposure limits (PEL).
 - (i) The employer shall assure that no employee who is exposed to cotton dust in yarn manufacturing and cotton washing operations is exposed to airborne concentrations of lint-free respirable cotton dust greater than $200 \mu\text{g}/\text{m}^3$ mean concentration, averaged over an eight-hour period, as measured by a vertical elutriator or an equivalent instrument.
 - (ii) The employer shall assure than no employee who is exposed to cotton dust in textile mill waste house operations or is exposed in yarn manufacturing to dust from “lower grade washed cotton” as defined in subsection (14)(e) of this section is exposed to airborne concentrations of lint-free respirable cotton dust greater than $500 \mu\text{g}/\text{m}^3$ mean concentration, averaged over an eight-hour period, as measured by a vertical elutriator or an equivalent instrument.
 - (iii) The employer shall assure that no employee who is exposed to cotton dust in the textile processes known as slashing and weaving is exposed to airborne concentrations of lint-free respirable cotton dust greater than $750 \mu\text{g}/\text{m}^3$ mean concentration, averaged over an eight-hour period, as measured by a vertical elutriator or an equivalent instrument.
 - (b) Action levels.
 - (i) The action level for yarn manufacturing and cotton washing operations is an airborne concentration of lint-free respirable cotton dust of $100 \mu\text{g}/\text{m}^3$ mean concentration, averaged over an eight-hour period, as measured by a vertical elutriator or an equivalent instrument.
 - (ii) The action level for waste houses for textile operations is an airborne concentration of lint-free respirable cotton dust of $250 \mu\text{g}/\text{m}^3$ mean concentration, averaged over an eight-hour period, as measured by a vertical elutriator or an equivalent instrument.
 - (iii) The action level for the textile processes known as slashing and weaving is an airborne concentration of lint-free respirable cotton dust of $375 \mu\text{g}/\text{m}^3$ mean concentration,

WAC 296-62-14533 (Cont.)

averaged over an eight-hour period, as measured by a vertical elutriator or an equivalent instrument.

(4) Exposure monitoring and measurement.

(a) General.

- (i) For the purposes of this section, employee exposure is that exposure which would occur if the employee were not using a respirator.
- (ii) The sampling device to be used shall be either the vertical elutriator cotton dust sampler or an equivalent instrument.
- (iii) If an alternative to the vertical elutriator cotton dust sampler is used, the employer shall establish equivalency by demonstrating that the alternative sampling devices:

 - (A) It collects respirable particulates in the same range as the vertical elutriator (approximately 15 microns);
 - (B) Replicate exposure data used to establish equivalency are collected in side-by-side field and laboratory comparisons; and
 - (C) A minimum of 100 samples over the range of 0.5 to 2 times the permissible exposure limit are collected, and ninety percent of these samples have an accuracy range of plus or minus twenty-five percent of the vertical elutriator reading with a ninety-five percent confidence level as demonstrated by a statistically valid protocol. (An acceptable protocol for demonstrating equivalency is described in Appendix E of this section.)
- (iv) WISHA will issue a written opinion stating that an instrument is equivalent to a vertical elutriator cotton dust sampler if:

 - (A) A manufacturer or employer requests an opinion in writing and supplies the following information:

 - (I) Sufficient test data to demonstrate that the instrument meets the requirements specified in this paragraph and the protocol specified in Appendix E of this section;
 - (II) Any other relevant information about the instrument and its testing requested by WISHA; and
 - (III) A certification by the manufacturer or employer that the information supplied is accurate, and
 - (B) If WISHA finds, based on information submitted about the instrument, that the instrument meets the requirements for equivalency specified by this subsection.
- (b) Initial monitoring. Each employer who has a place of employment within the scope of subsections (1)(a), (d) or (e) of this section shall conduct monitoring by obtaining measurements which are representative of the exposure of all employees to airborne concentrations of lint-free respirable cotton dust over an eight-hour period. The sampling program shall include at least one determination during each shift for each work area.

WAC 296-62-14533 (Cont.)

- (c) Periodic monitoring.
 - (i) If the initial monitoring required by (4)(b) of this section or any subsequent monitoring reveals employee exposure to be at or below the permissible exposure limit, the employer shall repeat the monitoring for those employees at least annually.
 - (ii) If the initial monitoring required by (4)(b) of this section or any subsequent monitoring reveals employee exposure to be above the PEL, the employer shall repeat the monitoring for those employees at least every six months.
 - (iii) Whenever there has been a production, process, or control change which may result in new or additional exposure to cotton dust, or whenever the employer has any other reason to suspect an increase in employee exposure, the employer shall repeat the monitoring and measurements for those employees affected by the change or increase.
- (d) Employee notification.
 - (i) Within twenty working days after the receipt of monitoring results, the employer shall notify each employee in writing of the exposure measurements which represent that employee's exposure.
 - (ii) Whenever the results indicate that the employee's exposure exceeds the applicable permissible exposure limit specified in subsection (3) of this section, the employer shall include in the written notice a statement that the permissible exposure limit was exceeded and a description of the corrective action taken to reduce exposure below the permissible exposure limit.
- (5) **Methods of compliance.**
 - (a) Engineering and work practice controls. The employer shall institute engineering and work practice controls to reduce and maintain employee exposure to cotton dust at or below the permissible exposure limit specified in subsection (3) of this section, except to the extent that the employer can establish that such controls are not feasible.
 - (b) Whenever feasible engineering and work practice controls are not sufficient to reduce employee exposure to or below the permissible exposure limit, the employer shall nonetheless institute these controls to immediately reduce exposure to the lowest feasible level, and shall supplement these controls with the use of respirators which shall comply with the provisions of subsection (6) of this section.
 - (c) Compliance program.
 - (i) Where the most recent exposure monitoring data indicates that any employee is exposed to cotton dust levels greater than the permissible exposure limit, the employer shall establish and implement a written program sufficient to reduce exposures to or below the permissible exposure limit solely by means of engineering controls and work practices as required by (a) of this subsection.
 - (ii) The written program shall include at least the following:
 - (A) A description of each operation or process resulting in employee exposure to cotton dust;

WAC 296-62-14533 (Cont.)

- (B) Engineering plans and other studies used to determine the controls for each process;
 - (C) A report of the technology considered in meeting the permissible exposure limit;
 - (D) Monitoring data obtained in accordance with subsection (4) of this section;
 - (E) A detailed schedule for development and implementation of engineering and work practice controls, including exposure levels projected to be achieved by such controls;
 - (F) Work practice program; and
 - (G) Other relevant information.
 - (iii) The employer's schedule as set forth in the compliance program, shall project completion of the implementation of the compliance program no later than March 27, 1984 or as soon as possible if monitoring after March 27, 1984 reveals exposures over the PEL, except as provided in (13)(b)(ii)(B) of this section.
 - (iv) The employer shall complete the steps set forth in his program by the dates in the schedule.
 - (v) Written programs shall be submitted, upon request, to the director, and shall be available at the worksite for examination and copying by the director, and any affected employee or their designated representatives.
 - (vi) The written programs required under subsection (5)(c) of this section shall be revised and updated at least every six months to reflect the current status of the program and current exposure levels.
 - (d) Mechanical ventilation. When mechanical ventilation is used to control exposure, measurements which demonstrate the effectiveness of the system to control exposure, such as capture velocity, duct velocity, or static pressure shall be made at reasonable intervals.
- (6) **Use of respirators.**
- (a) General. For employees who use respirators required by this section, the employer must provide respirators that comply with the requirements of this section. Respirators must be used during:
 - (i) Periods necessary to install or implement feasible engineering controls and work-practice controls;
 - (ii) Maintenance and repair activities for which engineering and work-practice controls are not feasible;
 - (iii) Work operations for which feasible engineering and work-practice controls are not yet sufficient to reduce employee exposure to or below the permissible exposure limits;
 - (iv) Work operations specified under subsection (7)(a) of this section;
 - (v) Periods for which an employee requests a respirator.

WAC 296-62-14533 (Cont.)

- (b) Respirator program.
 - (i) The employer must implement a respiratory protection program as required by chapter 296-62 WAC, Part E (except WAC 296-62-07130(1) and 296-62-07150 through 296-62-07156).
 - (ii) Whenever a physician determines that an employee who works in an area in which the cotton-dust concentration exceeds the PEL is unable to use a respirator, including a powered air-purifying respirator, the employee must be given the opportunity to transfer to an available position, or to a position that becomes available later, that has a cotton-dust concentration at or below the PEL. The employer must ensure that such employees retain their current wage rate or other benefits as a result of the transfer.
- (c) Respirator selection.
 - (i) The employer must select the appropriate respirator from Table 1 of this section.

TABLE I	
Cotton dust concentration	Respirator required
Not greater than--	
(a) 5 x the applicable permissible exposure limit (PEL).	A disposable respirator with a particulate filter.
(b) 10 x the applicable PEL>	A quarter or half-mask respirator, other than a disposable respirator, equipped with particulate filters.
(c) 100 x the applicable PEL	A full facepiece respirator equipped with high-efficiency particulate filters.
(d) Greater than 100 x the applicable PEL	A powered air-purifying respirator equipped with high-efficiency particulate filters.

Notes

1. *A disposable respirator means the filter element is an inseparable part of the respirator.*
 2. *Any respirators permitted at higher environmental concentrations can be used at lower concentrations.*
 3. *Self-contained breathing apparatus are not required respirators but are permitted respirators.*
 4. *Supplied air respirators are not required but are permitted under the following conditions: Cotton dust concentration not greater than 10X the PEL--Any supplied air respirator; not greater than 100X the PEL--Any supplied air respirator with full facepiece, helmet or hood; greater than 100X the PEL--A supplied air respirator operated in positive pressure mode.*
- (ii) Whenever respirators are required by this section for cotton-dust concentrations that do not exceed the applicable permissible exposure limit by a multiple of 100 (100 x), the employer must, when requested by an employee, provide a powered air-purifying respirator with a high-efficiency particulate filter instead of the respirator specified in (a), (b), or (c) of Table 1 of this section.
- (7) **Work practices.** Each employer shall, regardless of the level of employee exposure, immediately establish and implement a written program of work practices which shall minimize cotton dust exposure. The following shall be included where applicable:
- (a) Compressed air "blow down" cleaning shall be prohibited, where alternative means are feasible. Where compressed air is used for cleaning, the employees performing the "blow down" or "blow off" shall wear suitable respirators. Employees whose presence is not required to perform "blow down" or "blow off" shall be required to leave the area affected by the "blow down" or "blow off" during this cleaning operation.

WAC 296-62-14533 (Cont.)

- (b) Cleaning of clothing or floors with compressed air shall be prohibited.
 - (c) Floor sweeping shall be performed with a vacuum or with methods designed to minimize dispersal of dust.
 - (d) In areas where employees are exposed to concentrations of cotton dust greater than the permissible exposure limit, cotton and cotton waste shall be stacked, sorted, baled, dumped, removed or otherwise handled by mechanical means, except where the employer can show that it is infeasible to do so. Where infeasible, the method used for handling cotton and cotton waste shall be the method which reduces exposure to the lowest level feasible.
- (8) **Medical surveillance.**
- (a) General.
 - (i) Each employer covered by the standard shall institute a program of medical surveillance for all employees exposed to cotton dust.
 - (ii) The employer shall assure that all medical examinations and procedures are performed by or under the supervision of a licensed physician and are provided without cost to the employee.
 - (iii) Persons other than licensed physicians, who administer the pulmonary function testing required by this section shall have completed a NIOSH approved training course in spirometry.
 - (b) Initial examinations. The employer shall provide medical surveillance to each employee who is or may be exposed to cotton dust. For new employees' this examination shall be provided prior to initial assignment. The medical surveillance shall include at least the following:
 - (i) A medical history;
 - (ii) The standardized questionnaire contained in WAC 296-62-14537; and
 - (iii) A pulmonary function measurement, including a determination of forced vital capacity (FVC) and forced expiratory volume in one second (FEV₁), the FEV₁/FVC ratio, and the percentage that the measured values of FEV₁ and FVC differ from the predicted values, using the standard tables in WAC 296-62-14539. These determinations shall be made for each employee before the employee enters the workplace on the first day of the work week, preceded by at least thirty-five hours of no exposure to cotton dust. The tests shall be repeated during the shift, no less than four hours and no more than ten hours after the beginning of the work shift; and, in any event, no more than one hour after cessation of exposure. Such exposure shall be typical of the employee's usual workplace exposure. The predicted FEV₁ and FVC for blacks shall be multiplied by 0.85 to adjust for ethnic differences.
 - (iv) Based upon the questionnaire results, each employee shall be graded according to Schilling's byssinosis classification system.
 - (c) Periodic examinations.
 - (i) The employer shall provide at least annual medical surveillance for all employees exposed to cotton dust above the action level in yarn manufacturing, slashing and weaving, cotton washing and waste house operations. The employer shall provide

WAC 296-62-14533 (Cont.)

- medical surveillance at least every two years for all employees exposed to cotton dust at or below the action level, for all employees exposed to cotton dust from washed cotton (except from washed cotton defined in subsection (9)(c) of this section), and for all employees exposed to cotton dust in cottonseed processing and waste processing operations. Periodic medical surveillance shall include at least an update of the medical history, standardized questionnaire (Appendix B-111), Schilling byssinosis grade, and the pulmonary function measurements in (b)(iii) of this subsection.
- (ii) Medical surveillance as required in (c)(i) of this subsection shall be provided every six months for all employees in the following categories:
 - (A) An FEV₁ of greater than eighty percent of the predicted value, but with an FEV₁ decrement of five percent or 200 ml. on a first working day;
 - (B) An FEV₁ of less than eighty percent of the predicted value; or
 - (C) Where, in the opinion of the physician, any significant change in questionnaire findings, pulmonary function results, or other diagnostic tests have occurred.
 - (iii) An employee whose FEV₁ is less than sixty percent of the predicted value shall be referred to a physician for a detailed pulmonary examination.
 - (iv) A comparison shall be made between the current examination results and those of previous examinations and a determination made by the physician as to whether there has been a significant change.
- (d) Information provided to the physician. The employer shall provide the following information to the examining physician:
- (i) A copy of this regulation and its appendices;
 - (ii) A description of the affected employee's duties as they relate to the employee's exposure;
 - (iii) The employee's exposure level or anticipated exposure level;
 - (iv) A description of any personal protective equipment used or to be used; and
 - (v) Information from previous medical examinations of the affected employee which is not readily available to the examining physician.
- (e) Physician's written opinion.
- (i) The employer shall obtain and furnish the employee with a copy of a written opinion from the examining physician containing the following:
 - (A) The results of the medical examination and tests including the FEV₁, FVC, and FEV₁/FVC ratio;
 - (B) The physician's opinion as to whether the employee has any detected medical conditions which would place the employee at increased risk of material impairment of the employee's health from exposure to cotton dust;

WAC 296-62-14533 (Cont.)

- (C) The physician's recommended limitations upon the employee's exposure to cotton dust or upon the employee's use of respirators including a determination of whether an employee can wear a negative pressure respirator, and where the employee cannot, a determination of the employee's ability to wear a powered air purifying respirator; and
 - (D) A statement that the employee has been informed by the physician of the results of the medical examination and any medical conditions which require further examination or treatment.
 - (ii) The written opinion obtained by the employer shall not reveal specific findings or diagnoses unrelated to occupational exposure.
- (9) **Employee education and training.**
 - (a) Training program.
 - (i) The employer shall provide a training program for all employees exposed to cotton dust and shall assure that each employee is informed of the following:
 - (A) The acute and long term health hazards associated with exposure to cotton dust;
 - (B) The names and descriptions of jobs and processes which could result in exposure to cotton dust at or above the PEL.
 - (C) The measures, including work practices required by subsection (7) of this section, necessary to protect the employee from exposures in excess of the permissible exposure limit;
 - (D) The purpose, proper use, limitations, and other training requirements for respiratory protection as required by subsection (6) of this section and chapter 296-62 WAC, Part E (see WAC 296-62-07117, 296-62-07172, and 296-62-07186 through 296-62-07190);
 - (E) The purpose for and a description of the medical surveillance program required by subsection (8) of this section and other information which will aid exposed employees in understanding the hazards of cotton dust exposure; and
 - (F) The contents of this standard and its appendices.
 - (ii) The training program shall be provided prior to initial assignment and shall be repeated annually for each employee exposed to cotton dust, when job assignments or work processes change and when employee performance indicates a need for retraining.
 - (b) Access to training materials.
 - (i) Each employer shall post a copy of this section with its appendices in a public location at the workplace, and shall, upon request, make copies available to employees.
 - (ii) The employer shall provide all materials relating to the employee training and information program to the director upon request.
- (10) **Signs.** The employer shall post the following warning sign in each work area where the permissible exposure limit for cotton dust is exceeded:

WAC 296-62-14533 (Cont.)

**WARNING
COTTON DUST WORK AREA
MAY CAUSE ACUTE OR DELAYED LUNG INJURY
(BYSSINOSIS)
RESPIRATORS REQUIRED IN THIS AREA**

(11) Recordkeeping.

- (a) Exposure measurements.
 - (i) The employer shall establish and maintain an accurate record of all measurements required by subsection (4) of this section.
 - (ii) The record shall include:
 - (A) A log containing the items listed in WAC 296-62-14535 (4)(a), and the dates, number, duration, and results of each of the samples taken, including a description of the procedure used to determine representative employee exposures;
 - (B) The type of protective devices worn, if any, and length of time worn; and
 - (C) The names, social security number, job classifications, and exposure levels of employees whose exposure the measurement is intended to represent.
 - (iii) The employer shall maintain this record for at least twenty years.
- (b) Medical surveillance.
 - (i) The employer shall establish and maintain an accurate medical record for each employee subject to medical surveillance required by subsection (8) of this section.
 - (ii) The record shall include:
 - (A) The name and social security number and description of the duties of the employee;
 - (B) A copy of the medical examination results including the medical history, questionnaire response, results of all tests, and the physician's recommendation;
 - (C) A copy of the physician's written opinion;
 - (D) Any employee medical complaints related to exposure to cotton dust;
 - (E) A copy of this standard and its appendices, except that the employer may keep one copy of the standard and the appendices for all employees, provided that he references the standard and appendices in the medical surveillance record of each employee; and
 - (F) A copy of the information provided to the physician as required by subsection (8)(d) of this section.
 - (iii) The employer shall maintain this record for at least twenty years.

WAC 296-62-14533 (Cont.)

- (c) Availability.
 - (i) The employer shall make all records required to be maintained by subsection (11) of this section available to the director for examination and copying.
 - (ii) Employee exposure measurement records and employee medical records required by this subsection shall be provided upon request to employees, designated representatives, and the assistant director in accordance with WAC 296-62-05201 through 296-62-05209 and 296-62-05213 through 296-62-05217.
- (d) Transfer of records.
 - (i) Whenever the employer ceases to do business, the successor employer shall receive and retain all records required to be maintained by subsection (11) of this section.
 - (ii) Whenever the employer ceases to do business, and there is no successor employer to receive and retain the records for the prescribed period, these records shall be transmitted to the director.
 - (iii) At the expiration of the retention period for the records required to be maintained by this section, the employer shall notify the director at least three months prior to the disposal of such records and shall transmit those records to the director if he requests them within that period.
 - (iv) The employer shall also comply with any additional requirements involving transfer of records set forth in WAC 296-62-05215.
- (12) **Observation of monitoring.**
 - (a) The employer shall provide affected employees or their designated representatives an opportunity to observe any measuring or monitoring of employee exposure to cotton dust conducted pursuant to subsection (4) of this section.
 - (b) Whenever observation of the measuring or monitoring of employee exposure to cotton dust requires entry into an area where the use of personal protective equipment is required, the employer shall provide the observer with and assure the use of such equipment and shall require the observer to comply with all other applicable safety and health procedures.
 - (c) Without interfering with the measurement, observers shall be entitled to:
 - (i) An explanation of the measurement procedures;
 - (ii) An opportunity to observe all steps related to the measurement of airborne concentrations of cotton dust performed at the place of exposure; and
 - (iii) An opportunity to record the results obtained.
- (13) **Washed cotton.**
 - (a) Exemptions. Cotton, after it has been washed by the processes described in this section is exempt from all or parts of this section as specified if the requirements of this section are met.

WAC 296-62-14533 (Cont.)

- (b) Initial requirements.
 - (i) In order for an employer to qualify as exempt or partially exempt from this standard for operations using washed cotton, the employer must demonstrate that the cotton was washed in a facility which is open to inspection by the director and the employer must provide sufficient accurate documentary evidence to demonstrate that the washing methods utilized meet the requirements of this section.
 - (ii) An employer who handles or processes cotton which has been washed in a facility not under the employer's control and claims an exemption or partial exemption under this paragraph, must obtain from the cotton washer and make available at the worksite, to the director, or his designated representative, to any affected employee, or to their designated representative the following:
 - (A) A certification by the washer of the cotton of the grade of cotton, the type of washing process, and that the batch meets the requirements of this section:
 - (B) Sufficient accurate documentation by the washer of the cotton grades and washing process; and
 - (C) An authorization by the washer that the director may inspect the washer's washing facilities and documentation of the process.
- (c) Medical and dyed cotton. Medical grade (USP) cotton, cotton that has been scoured, bleached and dyed, and mercerized yarn shall be exempt from all provisions of this standard.
- (d) Higher grade washed cotton. The handling or processing of cotton classed as "low middling light spotted or better" (color grade 52 or better and leaf grade code 5 or better according to the 1993 USDA classification system) shall be exempt from all provisions of the standard except requirements of subsection (8) of this section, medical surveillance; subsection (11)(b) through (d) of this section, recordkeeping-medical records, and Appendices B, C, and D of this section, if they have been washed on one of the following systems:
 - (i) On a continuous batt system or a rayon rinse system including the following conditions:
 - (A) With water;
 - (B) At a temperature of no less than 60°C;
 - (C) With a water-to-fiber ratio of no less than 40:1; and
 - (D) With the bacterial levels in the wash water controlled to limit bacterial contamination of the cotton.
 - (ii) On a batch kier washing system including the following conditions:
 - (A) With water;
 - (B) With cotton fiber mechanically opened and thoroughly prewetted before forming the cake;
 - (C) For low-temperature processing, at a temperature of no less than 60°C with a water-to-fiber ratio of no less than 40:1; or, for high-temperature processing, at a temperature of no less than 93°C with a water-to-fiber ratio of no less than 15:1;
 - (D) With a minimum of one wash cycle followed by two rinse cycles for each batch, using fresh water in each cycle; and
 - (E) With bacterial levels in the wash water controlled to limit bacterial contamination of the cotton.
- (e) Lower grade washed cotton. The handling and processing of cotton of grades lower than "low middling light spotted," that has been washed as specified in (d) of this subsection and has also

WAC 296-62-14533 (Cont.)

been bleached, shall be exempt from all provisions of the standard except the requirements of subsection (3)(a) Permissible exposure limits, subsection (4) Exposure monitoring and measurement, subsection (8) Medical surveillance, subsection (11) Recordkeeping, and Appendices B, C and D of this section.

- (f) Mixed grades of washed cotton. If more than one grade of washed cotton is being handled or processed together, the requirements of the grade with the most stringent exposure limit, medical and monitoring requirements shall be followed.

(14) **Appendices.**

- (a) Appendix B (B-I, B-II and B-III), WAC 296-62-14537, Appendix C, WAC 296-62-14539 and Appendix D, WAC 296-62-14541 are incorporated as part of this chapter and the contents of these appendices are mandatory.
- (b) Appendix A of this chapter, WAC 296-62-14535 contains information which is not intended to create any additional obligations not otherwise imposed or to detract from any existing obligations.
- (c) Appendix E of this chapter is a protocol which may be followed in the validation of alternative measuring devices as equivalent to the vertical elutriator cotton dust sampler. Other protocols may be used if it is demonstrated that they are statistically valid, meet the requirements in subsection (4)(a)(iii) of this section, and are appropriate for demonstrating equivalency.

[Statutory Authority: RCW 49.17.010, .040, .050. 01-19-065 (Order 01-15), § 296-62-14533, filed 09/18/01, effective 11/01/01. Statutory Authority: RCW 49.17.010, .040, .050. 99-10 (Order 98-10) 21 296-62-14533, filed 05/04/99, effective 09/01/99.] Statutory Authority: Chapter 49.17 RCW. 87-24-051 (Order 87-24), 296-62-14533, filed 11/30/87. Statutory Authority: RCW 49.17.040 and 49.17.050. 86-16-009 (Order 86-28), 296-62-14533, filed 7/25/86; 82-03-023 (Order 82-1), 296-62-14533, filed 1/15/82. Statutory Authority: 49.17.040, 49.17.050, and 49.17.240. 81-16-015 (Order 81-20), 296-62-14533, filed 7/27/81. Statutory Authority: RCW 49.17.040, 49.17.050, 49.17.240, chapters 42.30 and 43.22 RCW. 80-17-014 (Order 80-20), 296-62-14533, filed 11/13/80.]

WAC 296-62-14535 Appendix A--Air sampling and analytical procedures for determining concentrations of cotton dust.

- (1) **Sampling locations.** The sampling procedures must be designed so that samples of the actual dust concentrations are collected accurately and consistently and reflect the concentrations of dust at the place and time of sampling. Sufficient number of six-hour area samples in each distinct work area of the plant should be collected at locations which provide representative samples of air to which the worker is exposed. In order to avoid filter overloading, sampling time may be shortened when sampling in dusty areas. Samples in each work area should be gathered simultaneously or sequentially during a normal operating period. The daily time-weighted average (TWA) exposure of each worker can then be determined by using the following formula:

$$\frac{\text{Summation of hours spent in each location} \\ \text{and the dust concentration in that location.}}{\text{Total hours exposed}}$$

A time-weighted average concentration should be computed for each worker and properly logged and maintained on file for review.

(2) **Sampling equipment.**

- (a) **Sampler.** The instrument selected for monitoring is the Lumsden-Lynch vertical elutriator. It should operate at a flow rate of 7.4 ± 0.2 liters/minute. The samplers should be cleaned prior to sampling. The pumps should be monitored during sampling.
- (b) **Filter holder.** A three-piece cassette constructed of polystyrene designed to hold a 37-mm diameter filter should be used. Care must be exercised to insure that an adequate seal exists between elements of the cassette.
- (c) **Filters and support pads.** The membrane filters used should be polyvinyl chloride with a 5-um pore size and 37-mm diameter. A support pad, commonly called a backup pad, should be used under the filter membrane in the field monitor cassette.
- (d) **Balance.** A balance sensitive to 10 micrograms should be used.

WAC 296-62-14535 (Cont.)

- (3) **Instrument calibration procedure.** Samplers shall be calibrated when first received from the factory, after repair, and after receiving any abuse. The samplers should be calibrated in the laboratory both before they are used in the field and after they have been used to collect a large number of field samples. The primary standard, such as a spirometer or other standard calibrating instruments such as a wet test meter or a large bubble meter or dry gas meter, should be used. Instructions for calibration with the wet test meter follow. If another calibration device is selected, equivalent procedures should be used:
- (a) Level wet test meter. Check the water level which should just touch the calibration point at the left side of the meter. If water level is low, add water 1-2° F. warmer than room temperature of till point. Run the meter for thirty minutes before calibration;
 - (b) Place the polyvinyl chloride membrane filter in the filter cassette;
 - (c) Assemble the calibration sampling train;
 - (d) Connect the wet test meter to the train.

The pointer on the meter should run clockwise and a pressure drop of not more than 1.0 inch of water indicated. If the pressure drop is greater than 1.0, disconnect and check the system;
 - (e) Operate the system for ten minutes before starting the calibration;
 - (f) Check the vacuum gauge on the pump to insure that the pressure drop across the orifice exceeds seventeen inches of mercury;
 - (g) Record the following on calibration data sheets:
 - (i) Wet test meter reading, start and finish;
 - (ii) Elapsed time, start and finish (at least two minutes);
 - (iii) Pressure drop at manometer;
 - (iv) Air temperature;
 - (v) Barometric pressure; and
 - (vi) Limiting orifice number.
 - (h) Calculate the flow rate and compare against the flow of 7.4 ± 0.2 liters/minute. If flow is between these limits, perform calibration again, average results, and record orifice number and flow rate. If flow is not within these limits, discard or modify orifice and repeat procedure;
 - (i) Record the name of the person performing the calibration, the date, serial number of the wet test meter, and the number of the critical orifices being calibrated.
- (4) **Sampling procedure.**
- (a) Sampling data sheets should include a log of:
 - (i) The date of the sample collection;
 - (ii) The time of sampling;

WAC 296-62-14535 (Cont.)

- (iii) The location of the sampler;
 - (iv) The sampler serial number;
 - (v) The cassette number;
 - (vi) The time of starting and stopping the sampling and the duration of sampling;
 - (vii) The weight of the filter before and after sampling;
 - (viii) The weight of dust collected (corrected for controls);
 - (ix) The dust concentration measured;
 - (x) Other pertinent information; and
 - (xi) Name of person taking sample.
- (b) Assembly of filter cassette should be as follows:
 - (i) Loosely assemble three-piece cassette;
 - (ii) Number cassette;
 - (iii) Place absorbent pad in cassette;
 - (iv) Weigh filter to an accuracy of 10 µg;
 - (v) Place filter in cassette;
 - (vi) Record weight of filter in log, using cassette number for identification;
 - (vii) Fully assemble cassette, using pressure to force parts tightly together;
 - (viii) Install plugs top and bottom;
 - (ix) Put shrink band on cassette, covering joint between center and bottom parts of cassette; and
 - (x) Set cassette aside until shrink band dries thoroughly.
- (c) Sampling collection should be performed as follows:
 - (i) Clean lint out of the motor and elutriator;
 - (ii) Install vertical elutriator in sampling locations specified above with inlet 4-1/2 to 5-1/2 feet from floor (breathing zone height);
 - (iii) Remove top section of cassette;
 - (iv) Install cassette in ferrule of elutriator;
 - (v) Tape cassette to ferrule with masking tape or similar material for air-tight seal;

WAC 296-62-14535 (Cont.)

- (vi) Remove bottom plug of cassette and attach hose containing critical orifice;
 - (vii) Start elutriator pump and check to see if gauge reads above 17 in. of Hg vacuum;
 - (viii) Record starting time, cassette number, and sampler number;
 - (ix) At end of sampling period stop pump and record time; and
 - (x) Controls with each batch of samples collected, two additional filter cassettes should be subjected to exactly the same handling as the samples, except that they are not opened. These control filters should be weighed in the same manner as the sample filters.

Any difference in weight in the control filters would indicate that the procedure for handling sample filters may not be adequate and should be evaluated to ascertain the cause of the difference, whether and what necessary corrections must be made, and whether additional samples must be collected.
- (d) Shipping. The cassette with samples should be collected, along with the appropriate number of blanks, and shipped to the analytical laboratory in a suitable container to prevent damage in transit.
- (e) Weighing of the sample should be achieved as follows:
- (i) Remove shrink band;
 - (ii) Remove top and middle sections of cassette and bottom plug;
 - (iii) Remove filter from cassette and weigh to an accuracy of 10 æg; and
 - (iv) Record weight in log against original weight.
- (f) Calculation of volume of air sampled should be determined as follows:
- (i) From starting and stopping times of sampling period, determine length of time in minutes of sampling period; and
 - (ii) Multiply sampling time in minutes by flow rate of critical orifice in liters per minute and divide by 1000 to find air quantity in cubic meters.
- (g) Calculation of dust concentrations should be made as follows:
- (i) Subtract weight of clean filter from dirty filter and apply control correction to find actual weight of sample. Record this weight (in µg) in log; and
 - (ii) Divide mass of sample in µg by air volume in cubic meters to find dust concentration in µg/m. Record in log.

[Statutory Authority: RCW 49.17.040, 49.17.050, 49.17.240, chapters 42.30 and 43.22 RCW. 80-17-014 (Order 80-20), 296-62-14535, filed 11/13/80.]

WAC 296-62-14537 Appendix B-I through B-III--Respiratory questionnaire.

**APPENDIX B-I
Respiratory Questionnaire**

A. IDENTIFICATION DATA

Plant _____ Social Security
No. _____
Day Month Year
digits) (figures) (last 2
Name _____ Date of
Interview _____
(Surname) _____ Date of
Birth _____
(First Names) _____ M F
Address _____ Age _____ (8, 9) Sex _____
(10)

_____ Race

W	N	IND.	OTHER
---	---	------	-------

 (11)

Interviewer: 1 2 3 4 5 6 7 8 (12)

Work Shift: 1st _____ 2nd _____ 3rd _____ (13) Standing Height _____ (14, 15)

Present Work Area _____ Weight _____ (16, 18)

If working in more than one specified work area, x area where most of the work shift is spent. If “other,” but spending 25% of the work shift in one of the specified work areas, classify in that work area. If carding department employee, check area within that department where most of the work shift is being spent (if in doubt, check “throughout”). For work areas such as spinning and weaving where many work rooms may be involved, be sure to check the specific work room to which the employee is assigned – if he works in more than one work room within a department classify as 7 (all) for that department.

	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)	(29)	(30)
Workroom Number	Open	Pick	Area Card #1	#2	Spin	Wind	Twist	Spool	Warp	Slash	Weave	Other
At Risk (cotton & cotton blend)	1		Cards									
	2		Draw									
	3		Comb									
	4		Rove									
	5		Thru Out									
	6											
	7 (all)											
Control (synthe- tic & Wool Ex-worker (cotton)	8											
	9											

WAC 296-62-14537 (Cont.)

Use actual wording of each question. Put X in appropriate square after each question. When in doubt record 'No'. When no square, circle appropriate answer.

B. COUGH

(on getting up) ↑

Do you usually cough first thing in the morning? _____ Yes _____ No _____ (31)

(Count a cough with first smoke or on "first going out of doors."
exclude clearing throat or a single cough.)

Do you usually cough during the day or at night? _____ Yes _____ No _____ (32)
(Ignore an occasional cough.)

If 'Yes' to either question (31, 32):

Do you cough like this on most days for as much as three months a year? _____ Yes _____ No _____ (33)

Do you cough on any particular day of the week? _____ Yes _____ No _____ (34)

(1) (2) (3) (4) (5) (6) (7)

If 'Yes': Which day? Mon. Tues. Wed. Thur. Fri. Sat. Sun.

_____ (35)

C. PHLEGM or alternative word to suit local custom.

(on getting up) ↑

Do you usually bring up any phlegm from your chest first thing in the morning? (Count phlegm with the first smoke or on "first going out of doors." Exclude phlegm from the nose. Count swallowed phlegm.) _____ Yes _____ No _____ (36)

Do you usually bring up any phlegm from your chest during the day or at night? (Accept twice or more.) _____ Yes _____ No _____ (37)

If 'Yes' to either question (36) or (37):

Do you bring up phlegm like this on most days for as much as three months each year? _____ Yes _____ No _____ (38)

If 'Yes' to question (33) or (38):

(cough)

(1) ☐ 2 years or less

How long have you had this phlegm?

(2) ☐ More than 2 years – 9 years (39)

(Write in number of years)

(3) ☐ 10 – 19 years

(4) ☐ 20+ years

↑These words are for subjects who work at night.

D. CHEST ILLNESSES

In the past three years, have you had a period of (increased) ↑ cough and phlegm lasting for 3 weeks or more? _____

(1) ☐ No (40)

(2) ☐ Yes, only one period

(3) ☐ Yes, two or more periods

↑For subjects who usually have phlegm

During the past three years have you had any chest illness which has kept you off work, indoors at home or in bed? (For as long as one week, flu?) _____ Yes _____ No _____ (41)

If 'Yes' to (41): Did you bring up (more) phlegm than usual in any of these illnesses?

_____ Yes _____ No _____ (42)

If "Yes" to (42): During the past three years have you had:

Only one such illness with increased phlegm?

(1) ☐ (43)

More than one illness:

(2) ☐ (44)

Br. Grade _____

WAC 296-62-14537 (Cont.)

E. TIGHTNESS

Does your chest ever feel tight or your breathing become difficult? _____ Yes _____ No _____ (45)

Is your chest tight or your breathing difficult on any particular day
of the week? (After a week or 10 days away from the mill) _____ Yes _____ No _____ (46)

If 'Yes' Which day? Mon. (3) (4) (5) (6) (7) (8)
 Tues. Wed. Thur. Fri. Sat. Sun.

(1) (2)
Sometimes Always

If 'Yes' Monday, At what time on Monday does your chest 1. ☐ Before entering the mill (48)

feel tight or your breathing difficult? 2. ☐ After entering the mill

(Ask only if No to Question (45))

In the past, has your chest ever been tight or your breathing
difficult on any particular day of the week? _____ Yes _____ No _____ (49)

If 'Yes' Which day? Mon. (3) (4) (5) (6) (7) (8)
 Tues. Wed. Thur. Fri. Sat. Sun.

(1) (2)
Sometimes Always

F. BREATHLESSNESS

If disabled from walking by any condition other than heart

or lung disease put "X" here and leave questions (52-60) unasked ☐ (51)

Are you ever troubled by shortness of breath, when hurrying on the
level or walking up a slight hill? _____ Yes _____ No _____ (52)

If 'No', grade is 1. If 'Yes', proceed to next question.

Do you get short of breath walking with other people at an
ordinary pace on the level? _____ Yes _____ No _____ (53)

If 'No', grade is 2. If 'Yes', proceed to next question.

Do you have to stop for breath when walking at your own pace
on the level? _____ Yes _____ No _____ (54)

If 'No', grade is 3. If 'Yes', proceed to next question.

Do you have to stop for breath on washing or dressing? _____ Yes _____ No _____ (55)

If 'No', grade is 4. If 'Yes', grade is 5.

Dyspnea Grd. _____ (56)

ON MONDAYS

Are you ever troubled by shortness of breath, when hurrying on the
level or walking up a slight hill? _____ Yes _____ No _____ (57)

If 'No', grade is 1. If 'Yes', proceed to the next question.

Do you get short of breath walking with other people at an ordinary
pace on the level? _____ Yes _____ No _____ (58)

If 'No', grade is 2. If 'Yes', proceed to the next question.

Do you have to stop for breath when walking at your own
pace on the level? _____ Yes _____ No _____ (59)

If 'No', grade is 3. If 'Yes', proceed to the next question.

Are you short of breath on washing or dressing? _____ Yes _____ No _____ (60)

If 'No', grade is 4. If 'Yes', grade is 5.

B. Grd _____ (61)

WAC 296-62-14537 (Cont.)

G. OTHER ILLNESSES AND ALLERGY HISTORY

Do you have a heart condition for which you are under a doctor's care? _____

Yes _____ No _____ (62)

Have you ever had asthma? _____

Yes _____ No _____ (63)

If 'Yes', did it begin (1) ☐ Before age 30 (2) ☐ After age 30

'Yes' before 30, did you have asthma before ever going to work in a textile mill? _____

Yes _____ No _____ (64)

Have you ever had hay fever or other allergies (other than above)? _____

Yes _____ No _____ (65)

H. TOBACCO SMOKING*

Do you smoke?

Record 'Yes' if regular smoker up to one month ago

(Cigarettes, cigar or pipe) _____

Yes _____ No _____ (66)

If 'No' to 63

Have you ever smoked? (Cigarettes, cigars, pipe. Record 'No' if subject has never smoked as much as one cigarette a day, or 1 oz. tobacco a month, for as long as one year.) _____

Yes _____ No _____ (67)

If 'Yes' to (63) or (64), what have you smoked and for how many years?

(Write in specific number of years in the appropriate square.)

	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	
Years	(<5)	(5 - 9)	(10 - 14)	(15 - 19)	(20 - 24)	(25 - 29)	(30 - 34)	(35 - 39)	(>40)	
Cigarettes										(68)
Pipe										(69)
Cigars										(70)

If cigarettes, how many packs per day?

(1) ☐ less than 1/2 pack (2) ☐ 1/2 pack, but less than 1 pack (71)

(Write in number of cigarettes)

(3) ☐ 1 pack, but less than 1-1/2 packs (4) ☐ 1-1/2 packs or more

Number of pack years: _____

(72) (73)

If an ex smoker (cigarettes, cigar or pipe). How long since you stopped _____

(74)

(Write in number of years)

(1) ☐ 0-1 year (2) ☐ 1-4 years

(3) ☐ 5-9 years (4) ☐ 10+ years

Have you changed your smoking habits since last interview? If yes, specify what changes.

I. OCCUPATIONAL HISTORY**

Have you ever worked in A foundry? (As long as one year) _____

Yes _____ No _____ (75)

Stone or mineral mining, quarrying or processing

(As long as one year) _____

Yes _____ No _____ (76)

Asbestos milling or processing? (Ever) _____

Yes _____ No _____ (77)

Other dusts, fumes or smoke? If yes, specify _____

Yes _____ No _____ (78)

Type of exposure _____

Length of exposure _____

**Ask only on first interview.

At what age do you first go to work in a textile mill? (Write in specific age in appropriate square)

<20	20-24	25-29	30-34	35-39	40+

When you first worked in a textile mill, did you work with

(1) ☐ Cotton or cotton blend (79)

(2) ☐ Synthetic or wool (80)

WAC 296-62-14537 (Cont.)

APPENDIX B-II

Respiratory Questionnaire for Non Textile Workers for the Cotton Industry

Identification No.

Interviewer Code

Location

Date of Interview

WAC 296-62-14537 (Cont.)

A. IDENTIFICATION

1. Name (Last) (First) (Middle Initial)		3. Phone Number Area Code () No.	4. Social Security # (optional, see below) _____ - _____ - _____
2. Current Address (Number, Street, or Rural Route, City or Town, County, State, Zip Code)		5. Birthday (Mo., Day, Yr.)	6. Age Last Birthday
		7 Sex <div style="text-align: center;"> 1 <input type="checkbox"/> Male 2 <input type="checkbox"/> Female </div>	
		8. Ethnic Group or Ancestry 1 <input type="checkbox"/> White, not of Hispanic Origin 2 <input type="checkbox"/> Black, not of Hispanic Origin 3 <input type="checkbox"/> Hispanic 4 <input type="checkbox"/> American Indian or Alaskan Native 5 <input type="checkbox"/> Asian or Pacific Islander 6 <input type="checkbox"/> Other: _____	
9. Standing Height _____ (cm)	10. Weight _____	11. Work Shift <div style="text-align: center;"> 1st <input type="checkbox"/> 2nd <input type="checkbox"/> 3rd <input type="checkbox"/> </div>	
12. Present Work Area Please indicate primary assigned work area and percent of time spent at that site. If at other locations, please indicate and note percent of time for each.			
Primary Work Area		_____ _____	
Specific Job		_____ _____	

13. Appropriate Industry

1 <input type="checkbox"/> Garnetting	3 <input type="checkbox"/> Cotton Warehouse	5 <input type="checkbox"/> Cotton
2 <input type="checkbox"/> Cottonseed Oil Mill	4 <input type="checkbox"/> Utilization	6 <input type="checkbox"/> Cotton Ginning

(Furnishing your Social Security number is voluntary. Your refusal to provide this number will not affect any right, benefit, or privilege to which you would be entitled if you did provide your Social Security number. Your Social Security number is being requested since it will permit use in future determinators in statistical research studies.)

—

B. OCCUPATIONAL HISTORY TABLE

[illegible]

WAC 296-62-14537 (Cont.)

C. SYMPTOMS

Use actual wording of each question. Put X in appropriate square after each question. When in doubt record 'No'.

COUGH

1. Do you usually cough first thing in the morning?

(on getting up)*

1 ☐ Yes

2 ☐ No

(Count a cough with first smoke or on "first going out of doors".
Exclude clearing throat or a single cough.)

2. Do you usually cough during the day or at night?

(Ignore an occasional cough.)

1 ☐ Yes

2 ☐ No

If YES to either question 1 or 2:

3. Do you cough like this on most days for as much as three
months a year?

1 ☐ Yes

2 ☐ No

3 ☐

N/A

4. Do you cough on any particular day of the week?

1 ☐ Yes

2 ☐ No

If YES:

5. Which day?

Mon.

Tue.

Wed.

Thur.

Fri.

Sat.

Sun.

PHLEGM

6. Do you usually bring up phlegm from your chest first thing in the morning?

(on getting up)* (Count phlegm with the first smoke or on "first going out
of doors." Exclude phlegm from the nose. Count swallowed phlegm.)

1 ☐ Yes

2 ☐ No

7. Do you usually bring up phlegm from your chest during the day
or at night?

(Accept twice or more)

1 ☐ Yes

2 ☐ No

If YES to either question 6 or 7:

8. Do you bring up phlegm like this on most days for as much as
three months each year.

1 ☐ Yes

2 ☐ No

If YES to question 3 or 8:

9. How long have you had this phlegm? (cough)

Write in number of years)

(1) ☐ 2 years or less

(2) ☐ More than 2 years – 9 years

(3) ☐ 10-19 years

(4) ☐ 20+ years

*These words are for subjects who work at night

WAC 296-62-14537 (Cont.)

10. In the past three years, have you had a period of
(increased) cough and phlegm lasting for 3
weeks or more?

- (1) ☐ No
(2) ☐ Yes, only one period
(3) ☐ Yes, two or more periods

For subjects who usually have phlegm:

11. During the past 3 years have you had any chest illness
which has kept you off work, indoors at home in bed?
(For as long as one week, flu?)

- 1 ☐ Yes 2 ☐ No

If YES to 11:

12. Did you bring up (more) phlegm than usual in any
of these illnesses?

- 1 ☐ Yes 2 ☐ No

If YES to 12: During the past three years have you had:

13. Only one such illness with increased phlegm?

- 1 ☐ Yes 2 ☐ No

14. More than one such illness:

- 1 ☐ Yes 2 ☐ No
Br. Grade _____

TIGHTNESS

15. Does your chest ever feel tight or your
breathing become difficult?

- 1 ☐ Yes 2 ☐ No

16. Is your chest tight or your breathing difficult on any particular day
of the week? (after a week or 10 days from the pill)

		(3)	(4)	(5)	(6)	(7)	(8)
If 'Yes' Which day?	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.	Sun.

(1)	(2)
Sometimes	Always

18. If YES Monday: At what time on Monday doe your chest
feel tight or your breathing difficult?

- ☐ Before entering mill
☐ After entering mill

(ASK ONLY IF NOT TO QUESTION 15)

19. In the past, has your chest ever been tight or your breathing
difficult on any particular day of the week?

- 1 ☐ Yes 2 ☐ No

		(3)	(4)	(5)	(6)	(7)	(8)
If 'Yes' Which day?	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.	Sun.

(1)	(2)
Sometimes	Always

WAC 296-62-14537 (Cont.)

21. If disabled from walking by any condition other than heart or lung disease put "X" in the space and leave questions (20-30) unasked.

☐

22. Are you ever troubled by shortness of breath, when hurrying on the level or walking up slight hill?

1 ☐ Yes

2 ☐ No

If NO, grade is 1. If YES, proceed to next question.

23. Do you get short of breath walking with other people at an ordinary pace on the level?

1 ☐ Yes

2. ☐ No

If NO, grade is 2. If YES, proceed to next question.

24. Do you have to stop for breath when walking at your own pace on the level?

1. ☐ Yes

2. ☐ No

If NO, grade is 3. If YES, proceed to next question.

25. Are you short of breath on washing or dressing?

1. ☐ Yes

2. ☐ No

If NO, grade is 4. If YES, grade is 5.

26.

Dyspnea Grd. _____

ON MONDAYS

27. Are you ever troubled by shortness of breath, when hurrying on the level or walking up a slight hill?

1. ☐ Yes

2. ☐ No

If NO, grade is 1. If YES, proceed to next question.

28. Do you get short of breath walking with other people at an ordinary pace on the level?

1. ☐ Yes

2. ☐ No

If NO, grade is 2. If YES, proceed to next question.

29. Do you have to stop for breath when walking at your own pace on the level?

1. ☐ Yes

2. ☐ No

If NO, grade is 3. If YES, proceed to next question.

30. Are you short of breath on washing or dressing?

1. ☐ Yes

2. ☐ No

If NO, grade is 4. If YES, grade is 5.

31.

B. Grd. _____

WAC 296-62-14537 (Cont.)

OTHER ILLNESSES AND ALLERGY HISTORY

32. Do you have a heart condition for which you are under a doctor's care?

1. ☐ Yes 2. ☐ No

33. Have you ever had asthma?

1. ☐ Yes 2. ☐ No

If yes, did it begin:

(1) Before age 30 ☐

(2) After age 30 ☐

34. If yes before 30: did you have asthma before ever going to work in a textile mill?

1. ☐ Yes 2. ☐ No

35. Have you ever had hay fever or other allergies (other than above)?

1. ☐ Yes 2. ☐ No

36. Do you smoke:

Record Yes if regular smoker up to one month ago. (Cigarettes, cigar or pipe).

1. ☐ Yes 2. ☐ No

If NO to (33).

37. Have you ever smoked? (Cigarettes, cigars, pipe. Record NO if subject has never smoked as much as one cigarette a day, or 1 oz. of tobacco a month, for as long as one year.)

1. ☐ Yes 2. ☐ No

If Yes to (33) or (34): what have you smoked for how many years? (Write in specific number of years in the appropriate square)

	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Years	(<5)	(5 - 9)	(10 - 14)	(15 - 19)	(20 - 24)	(25 - 29)	(30 - 34)	(35 - 39)	(>40)
38. Cigarettes									
39. Pipe									
40. Cigars									

41. If cigarettes, how many packs per day?

(Write in number of cigarettes)

- ☐ less than 1/2 pack
☐ 1/2 pack, but less than 1 pack (3)
☐ 1 pack, but less than 1-1/2 packs
☐ 1-1/2 packs or more

42. Number of pack years: _____

43. If an ex smoker (cigarettes, cigar or pipe), how long since you stopped? Write in number of years.)

- _____
- ☐ 0-1 year ☐ 1-4 years
☐ 5-9 years ☐ 10+ years

WAC 296-62-14537 Cont.)

OCCUPATIONAL HISTORY

Have you ever worked in:

44. A foundry? (As long as one year) 1. ☐ Yes 2. ☐ No

45. Stone or mineral mining, quarrying or processing?
(As long as one year) 1. ☐ Yes 2. ☐ No

46. Asbestos milling or processing? (Ever) 1. ☐ Yes 2. ☐ No

47. Cotton or cotton blend mill? (For controls only) 1. ☐ Yes 2. ☐ No

48. Other dusts, fumes or smoke: If yes, specify. 1. ☐ Yes 2. ☐ No

Type of exposure_____

Length of exposure_____

WAC 296-62-14537 (Cont.)

APPENDIX B-III
Abbreviated Respiratory Questionnaire.

A. IDENTIFICATION DATA

Plant _____ Social Security
No. _____

Day _____ Month _____ Year _____
(figures) (last 2
digits)

Name _____ Date of
Interview _____
(Surname)

_____ Date of
Birth _____
(First Names)

Address _____ Age _____ (8, 9) Sex _____ M _____ F _____
(10)

_____ Race

W	N	IND.	OTHER
---	---	------	-------

 (11)

Interviewer: 1 2 3 4 5 6 7 8 (12)

Work Shift: 1st _____ 2nd _____ 3rd _____ (13) Standing Height _____ (14,
15)

Present Work Area _____ Weight _____ (16,
18)

If working in more than one specified work area, x area where most of the work shift is spent. If "other," but spending 25% of the work shift in one of the specified work areas, classify in that work area. If carding department employee, check area within that department where most of the work shift is being spent (if in doubt, check "throughout"). For work areas such as spinning and weaving where many work rooms may be involved, be sure to sure to check the specific work room to which the employee is assigned – if he works in more than one work room within a department classify as 7 (all) for that department.

	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)	(29)	(30)
Workroom Number	Open	Pick	Area Card #1	#2	Spin	Wind	Twist	Spool	Warp	Slash	Weave	Other
At Risk (cotton & cotton blend)	1		Cards									
	2		Draw									
	3		Comb									
	4		Rove									
	5		Thru Out									
	6											
	7 (all)											
Control (synthe- tic & Wool Ex-worker (cotton)	8											
	9											

WAC 296-62-14537 (Cont.)

Use actual wording of each question. Put X in appropriate square after each question. When in doubt record 'No'. When no square, circle appropriate answer.

B. COUGH

(on getting up) *

Do you usually cough first thing in the morning? _____ Yes _____ No _____ (31)

(Count a cough with first smoke or on "first going out of doors."
exclude clearing throat or a single cough.)

Do you usually cough during the day or at night? _____ Yes _____ No _____ (32)
(Ignore an occasional cough.)

If 'Yes' to either question (31, 32):

Do you cough like this on most days for as much as three months a year? _____ Yes _____ No _____ (33)

Do you cough on any particular day of the week? _____ Yes _____ No _____ (34)

(1) (2) (3) (4) (5) (6) (7)
If 'Yes': Which day? Mon. Tues. Wed. Thur. Fri. Sat. Sun. _____ (35)

C. PHLEGM or alternative word to suit local custom.

(on getting up)*

Do you usually bring up any phlegm from your chest first thing in the morning? (Count phlegm with the first smoke or on "first going out of doors." Exclude phlegm from the nose. Count swallowed phlegm.) _____ Yes _____ No _____ (36)

Do you usually bring up any phlegm from your chest during the day or at night? (Accept twice or more.) _____ Yes _____ No _____ (37)

If 'Yes' to either question ((36) or (37):

Do you bring up phlegm like this on most days for as much as three months each year? _____ Yes _____ No _____ (38)

If 'Yes' to question (33) or (38):

(cough)
How long have you had this phlegm?
(Write in number of years)
(1) ☐ 2 years or less
(2) ☐ More than 2 years – 9 years
(3) ☐ 10 – 19 years
(4) ☐ 20+ years

*These words are for subjects who work at night.

D. TIGHTNESS

Does your chest ever feel tight or your breathing become difficult? _____ Yes _____ No _____ (39)

Is your chest tight or your breathing difficult on any particular day of the week? (After a week or 10 days away from the mill) _____ Yes _____ No _____ (40)

(3) (4) (5) (6) (7) (8)
If 'Yes' Which day? Mon. Tues. Wed. Thur. Fri. Sat. Sun.

(1) (2)
Sometimes Always

If 'Yes' Monday, At what time on Monday does your chest
tight or your breathing difficult? 1. ☐ Before entering the mill (42)
(Ask only if No to Question (45)) 2. ☐ After entering the mill

WAC 296-62-14537 (Cont.)

In the past, has your chest ever been tight or your breathing
difficult on any particular day of the week? _____ Yes _____ No _____ (43)

If 'Yes' Which day?	Mon.	(3) Tues.	(4) Wed.	(5) Thur.	(6) Fri.	(7) Sat.	(8) Sun.
	(1) Sometimes	(2) Always					

E. TOBACCO SMOKING

***Have you changed your smoking habits since last interview?**

If yes, specify what changes.

[Statutory Authority: Chapter 49.17 RCW. 87-24-051 (Order 87-24), 296-62-14537, filed 11/30/87.]

WAC 296-62-14539 Appendix C--Spirometry prediction tables for normal males and females.

TABLE 1. PREDICTED FVC FOR MALES (KNUDSON, ET AL.: AM. REV. RESPIR. DIS. 1976, 113, 587.)

AGE												
HT	17	19	21	23	25	27	29	31	33	35	37	39
60.0	3.44	3.59	3.75	3.91	3.72	3.66	3.61	3.55	3.49	3.43	3.37	3.32
60.5	3.50	3.66	3.81	3.97	3.80	3.75	3.69	3.63	3.57	3.51	3.46	3.40
61.0	3.56	3.72	3.88	4.03	3.89	3.83	3.77	3.71	3.66	3.60	3.54	3.48
61.5	3.63	3.78	3.94	4.10	3.97	3.91	3.85	3.80	3.74	3.68	3.62	3.56
62.0	3.69	3.85	4.00	4.16	4.05	3.99	3.94	3.88	3.82	3.76	3.70	3.65
62.5	3.76	3.91	4.07	4.22	4.13	4.08	4.02	3.96	3.90	3.84	3.79	3.73
63.0	3.82	3.97	4.13	4.29	4.22	4.16	4.10	4.04	3.99	3.93	3.87	3.81
63.5	3.88	4.04	4.19	4.35	4.30	4.25	4.18	4.13	4.07	4.01	3.95	3.89
64.0	3.95	4.10	4.26	4.41	4.38	4.32	4.27	4.21	4.15	4.09	4.03	3.98
64.5	4.01	4.17	4.32	4.48	4.46	4.41	4.35	4.29	4.23	4.17	4.12	4.06
65.0	4.07	4.23	4.39	4.54	4.55	4.49	4.43	4.37	4.32	4.26	4.20	4.14
65.5	4.14	4.29	4.45	4.60	4.63	4.57	4.51	4.46	4.40	4.34	4.28	4.22
66.0	4.20	4.36	4.51	4.67	4.71	4.65	4.60	4.54	4.48	4.42	4.36	4.31
66.5	4.26	4.42	4.58	4.73	4.80	4.74	4.68	4.62	4.56	4.51	4.45	4.39
67.0	4.33	4.48	4.64	4.80	4.88	4.82	4.76	4.70	4.65	4.59	4.53	4.47
67.5	4.39	4.55	4.70	4.86	4.96	4.90	4.84	4.79	4.73	4.67	4.61	4.55
68.0	4.45	4.61	4.77	4.92	5.04	4.98	4.93	4.87	4.81	4.75	4.69	4.64
68.5	4.52	4.67	4.83	4.99	5.13	5.07	5.01	4.95	4.89	4.84	4.78	4.72
69.0	4.58	4.74	4.89	5.05	5.21	5.15	5.09	5.03	4.98	4.92	4.86	4.80
69.5	4.64	4.80	4.96	5.11	5.29	5.23	5.17	5.12	5.06	5.00	4.94	4.88
70.0	4.71	4.86	5.02	5.18	5.37	5.32	5.26	5.20	5.14	5.08	5.02	4.97
70.5	4.77	4.93	5.08	5.24	5.46	5.40	5.34	5.28	5.22	5.17	5.11	5.05
71.0	4.83	4.99	5.15	5.30	5.54	5.48	5.42	5.36	5.31	5.25	5.19	5.13
71.5	4.90	5.05	5.21	5.37	5.62	5.56	5.50	5.45	5.39	5.33	5.27	5.21
72.0	4.96	5.12	5.27	5.43	5.70	5.65	5.59	5.53	5.47	5.41	5.36	5.30
72.5	5.03	5.18	5.34	5.49	5.79	5.73	5.67	5.61	5.55	5.50	5.44	5.38
73.0	5.09	5.24	5.40	5.56	5.87	5.81	5.75	5.69	5.64	5.58	5.52	5.46
73.5	5.15	5.31	5.46	5.62	5.95	5.89	5.83	5.78	5.70	5.66	5.60	5.54
74.0	5.22	5.37	5.53	5.68	6.03	5.98	5.92	5.86	5.80	5.74	5.69	5.63
74.5	5.28	5.44	5.59	5.75	6.12	6.06	6.00	5.94	5.88	5.83	5.77	5.71
75.0	5.34	5.50	5.65	5.81	6.20	6.14	6.08	6.02	5.97	5.91	5.85	5.79
75.5	5.41	5.56	5.72	5.87	6.28	6.22	6.17	6.11	6.05	5.99	5.93	5.88
76.0	5.47	5.63	5.78	5.94	6.36	6.31	6.25	6.19	6.13	6.07	6.02	5.96
76.5	5.53	5.69	5.85	6.00	6.45	6.39	6.33	6.27	6.21	6.16	6.10	6.04
77.0	5.60	5.75	5.91	6.06	6.53	6.47	6.41	6.35	6.30	6.24	6.18	6.12
77.5	5.66	5.82	5.97	6.13	6.61	6.55	6.50	6.44	6.38	6.32	6.26	6.21
78.0	5.72	5.88	6.04	6.19	6.69	6.64	6.58	6.52	6.46	6.40	6.35	6.29
78.5	5.79	5.94	6.10	6.26	6.78	6.72	6.66	6.60	6.54	6.49	6.43	6.37
79.0	5.85	6.01	6.16	6.32	6.86	6.80	6.74	6.68	6.63	6.57	6.51	6.45
79.5	5.91	6.07	6.23	6.38	6.94	6.88	6.83	6.77	6.71	6.65	6.59	6.54
80.0	5.98	6.13	6.29	6.45	7.02	6.97	6.91	6.85	6.79	6.73	6.68	6.62
80.5	6.04	6.20	6.35	6.51	7.11	7.05	6.99	6.93	6.87	6.82	6.76	6.70
81.0	6.10	6.26	6.42	6.57	7.19	7.13	7.07	7.02	6.96	6.90	6.84	6.78
81.5	6.17	6.32	6.48	6.64	7.27	7.21	7.16	7.10	7.04	6.98	6.92	6.87
82.0	6.23	6.39	6.54	6.70	7.35	7.30	7.24	7.18	7.12	7.06	7.01	6.95
82.5	6.30	6.45	6.61	6.76	7.44	7.38	7.32	7.26	7.20	7.15	7.09	7.03
83.0	6.36	6.51	6.67	6.83	7.52	7.46	7.40	7.35	7.29	7.23	7.17	7.11
83.5	6.42	6.58	6.73	6.89	7.60	7.54	7.49	7.43	7.37	7.31	7.25	7.20
84.0	6.49	6.64	6.80	6.95	7.68	7.63	7.57	7.51	7.45	7.39	7.34	7.28
84.5	6.55	6.71	6.86	7.02	7.77	7.71	7.65	7.59	7.53	7.48	7.42	7.36
85.0	6.61	6.77	6.92	7.08	7.85	7.79	7.73	7.68	7.62	7.56	7.50	7.44

WAC 296-62-14539 Table 1 (Cont.)

AGE													
HT	41	43	45	47	49	51	53	55	57	59	61	63	65
60.0	3.26	3.20	3.14	3.08	3.03	2.97	2.91	2.85	2.79	2.74	2.68	2.62	2.56
60.5	3.34	3.28	3.22	3.17	3.11	3.05	2.99	2.93	2.88	2.82	2.76	2.70	2.64
61.0	3.42	3.37	3.31	3.25	3.19	3.13	3.08	3.02	2.96	2.90	2.84	2.79	2.73
61.5	3.51	3.45	3.39	3.33	3.27	3.22	3.16	3.10	3.04	2.98	2.93	2.87	2.81
62.0	3.59	3.53	3.47	3.41	3.36	3.30	3.24	3.18	3.12	3.07	3.01	2.95	2.89
62.5	3.67	3.61	3.55	3.50	3.44	3.38	3.32	3.26	3.21	3.15	3.09	3.03	2.97
63.0	3.75	3.70	3.64	3.58	3.52	3.46	3.41	3.35	3.29	3.23	3.17	3.12	3.06
63.5	3.84	3.78	3.72	3.66	3.60	3.55	3.49	3.43	3.37	3.31	3.26	3.20	3.14
64.0	3.92	3.86	3.80	3.74	3.69	3.63	3.57	3.51	3.45	3.40	3.34	3.28	3.22
64.5	4.00	3.94	3.88	3.83	3.77	3.71	3.65	3.59	3.54	3.48	3.42	3.36	3.30
65.0	4.08	4.03	3.97	3.91	3.85	3.79	3.74	3.68	3.62	3.56	3.50	3.45	3.39
65.5	4.17	4.11	4.05	3.99	3.93	3.88	3.82	3.76	3.70	3.64	3.59	3.53	3.47
66.0	4.25	4.19	4.13	4.07	4.02	3.96	3.90	3.84	3.78	3.73	3.67	3.61	3.55
66.5	4.33	4.27	4.22	4.16	4.10	4.04	3.98	3.93	3.87	3.81	3.75	3.69	3.64
67.0	4.41	4.36	4.30	4.24	4.18	4.12	4.07	4.01	3.95	3.89	3.83	3.78	3.72
67.5	4.50	4.44	4.38	4.32	4.26	4.21	4.15	4.09	4.03	3.97	3.92	3.86	3.80
68.0	4.58	4.52	4.46	4.40	4.35	4.29	4.23	4.17	4.11	4.06	4.00	3.94	3.88
68.5	4.66	4.60	4.55	4.49	4.43	4.37	4.31	4.26	4.20	4.14	4.08	4.02	3.97
69.0	4.74	4.69	4.63	4.57	4.51	4.45	4.40	4.34	4.28	4.22	4.16	4.11	4.05
69.5	4.83	4.77	4.71	4.65	4.59	4.54	4.48	4.42	4.36	4.30	4.25	4.19	4.13
70.0	4.91	4.85	4.79	4.74	4.68	4.62	4.56	4.50	4.44	4.39	4.33	4.27	4.21
70.5	4.99	4.93	4.88	4.82	4.76	4.70	4.64	4.59	4.53	4.47	4.41	4.35	4.30
71.0	5.07	5.02	4.96	4.90	4.84	4.78	4.73	4.67	4.61	4.55	4.49	4.44	4.38
71.5	5.16	5.10	5.04	4.98	4.92	4.87	4.81	4.75	4.69	4.63	4.58	4.52	4.46
72.0	5.24	5.18	5.12	5.07	5.01	4.95	4.89	4.83	4.78	4.72	4.66	4.60	4.54
72.5	5.32	5.26	5.21	5.15	5.09	5.03	4.97	4.92	4.86	4.80	4.74	4.68	4.63
73.0	5.40	5.35	5.29	5.23	5.17	5.11	5.06	5.00	4.94	4.88	4.82	4.77	4.71
73.5	5.49	5.43	5.37	5.31	5.25	5.20	5.14	5.08	5.02	4.96	4.91	4.85	4.79
74.0	5.57	5.51	5.45	5.40	5.34	5.28	5.22	5.16	5.11	5.05	4.99	4.93	4.87
74.5	5.65	5.59	5.54	5.48	5.42	5.36	5.30	5.25	5.19	5.13	5.07	5.01	4.96
75.0	5.73	5.68	5.62	5.56	5.50	5.44	5.39	5.33	5.27	5.21	5.15	5.10	5.04
75.5	5.82	5.76	5.70	5.64	5.59	5.53	5.47	5.41	5.35	5.30	5.24	5.18	5.12
76.0	5.90	5.84	5.78	5.73	5.67	5.61	5.55	5.49	5.44	5.38	5.32	5.26	5.20
76.5	5.98	5.92	5.87	5.81	5.75	5.69	5.63	5.58	5.52	5.46	5.40	5.34	5.29
77.0	6.06	6.01	5.95	5.89	5.83	5.77	5.72	5.66	5.60	5.54	5.48	5.43	5.37
77.5	6.15	6.09	6.03	5.97	5.92	5.86	5.80	5.74	5.68	5.63	5.57	5.51	5.45
78.0	6.23	6.17	6.11	6.06	6.00	5.94	5.88	5.82	5.77	5.71	5.65	5.59	5.53
78.5	6.31	6.25	6.20	6.14	6.08	6.02	5.96	5.91	5.85	5.79	5.73	5.67	5.62
79.0	6.39	6.34	6.28	6.22	6.16	6.10	6.05	5.99	5.93	5.87	5.81	5.76	5.70
79.5	6.48	6.42	6.36	6.30	6.25	6.19	6.13	6.07	6.01	5.96	5.90	5.84	5.78
80.0	6.56	6.50	6.44	6.39	6.33	6.27	6.21	6.15	6.10	6.04	5.98	5.92	5.86
80.5	6.64	6.58	6.53	6.47	6.41	6.35	6.29	6.24	6.18	6.12	6.06	6.00	5.95
81.0	6.73	6.67	6.61	6.55	6.49	6.44	6.38	6.32	6.26	6.20	6.15	6.09	6.03
81.5	6.81	6.75	6.69	6.63	6.58	6.52	6.46	6.40	6.34	6.29	6.23	6.17	6.11
82.0	6.89	6.83	6.77	6.72	6.66	6.60	6.54	6.48	6.43	6.37	6.31	6.25	6.19
82.5	6.97	6.91	6.86	6.80	6.74	6.68	6.62	6.57	6.51	6.45	6.39	6.33	6.28
83.0	7.06	7.00	6.94	6.88	6.82	6.77	6.71	6.65	6.59	6.53	6.48	6.42	6.36
83.5	7.14	7.08	7.02	6.96	6.91	6.85	6.79	6.73	6.67	6.62	6.56	6.50	6.44
84.0	7.22	7.16	7.10	7.05	6.99	6.93	6.87	6.81	6.76	6.70	6.64	6.58	6.52
84.5	7.30	7.24	7.19	7.13	7.07	7.01	6.95	6.90	6.84	6.78	6.72	6.66	6.61
85.0	7.39	7.33	7.27	7.21	7.15	7.10	7.04	6.98	6.92	6.86	6.81	6.75	6.69

WAC 296-62-14539 (Cont.)

TABLE 2. PREDICTED FEV(1) FOR MALES (KNUDSON, ET AL.: AM. REV. RESPIR. DIS. 1976, 113, 587.)

AGE												
HT	17	19	21	23	25	27	29	31	33	35	37	39
60.0	2.97	3.06	3.15	3.24	3.05	2.99	2.94	2.88	2.83	2.78	2.72	2.67
60.5	3.03	3.12	3.21	3.30	3.11	3.06	3.00	2.95	2.90	2.84	2.79	2.73
61.0	3.08	3.17	3.26	3.35	3.18	3.12	3.07	3.02	2.96	2.91	2.85	2.80
61.5	3.14	3.23	3.32	3.41	3.24	3.19	3.14	3.08	3.03	2.97	2.92	2.87
62.0	3.20	3.29	3.38	3.47	3.31	3.26	3.20	3.15	3.09	3.04	2.99	2.93
62.5	3.26	3.35	3.44	3.53	3.38	3.32	3.27	3.22	3.16	3.11	3.05	3.00
63.0	3.32	3.41	3.50	3.59	3.44	3.39	3.34	3.28	3.23	3.17	3.12	3.07
63.5	3.38	3.47	3.56	3.65	3.51	3.46	3.40	3.35	3.29	3.24	3.19	3.13
64.0	3.43	3.52	3.61	3.70	3.58	3.52	3.47	3.41	3.36	3.31	3.25	3.20
64.5	3.49	3.58	3.67	3.76	3.64	3.59	3.53	3.48	3.43	3.37	3.32	3.26
65.0	3.55	3.64	3.73	3.82	3.71	3.65	3.60	3.55	3.49	3.44	3.38	3.33
65.5	3.61	3.70	3.79	3.88	3.77	3.72	3.67	3.61	3.56	3.50	3.45	3.40
66.0	3.67	3.76	3.85	3.94	3.84	3.79	3.73	3.68	3.62	3.57	3.52	3.46
66.5	3.73	3.82	3.91	4.00	3.91	3.85	3.80	3.74	3.69	3.64	3.58	3.53
67.0	3.79	3.88	3.97	4.06	3.97	3.92	3.86	3.81	3.76	3.70	3.65	3.59
67.5	3.84	3.93	4.02	4.11	4.04	3.98	3.93	3.88	3.82	3.77	3.71	3.66
68.0	3.90	3.99	4.08	4.17	4.10	4.05	4.00	3.94	3.89	3.83	3.78	3.73
68.5	3.96	4.05	4.14	4.23	4.17	4.12	4.06	4.01	3.95	3.90	3.85	3.79
69.0	4.02	4.11	4.20	4.29	4.24	4.18	4.13	4.07	4.02	3.97	3.91	3.86
69.5	4.08	4.17	4.26	4.35	4.30	4.25	4.19	4.14	4.09	4.03	3.98	3.92
70.0	4.14	4.23	4.32	4.41	4.37	4.31	4.26	4.21	4.15	4.10	4.04	3.99
70.5	4.19	4.28	4.37	4.46	4.43	4.38	4.33	4.27	4.22	4.16	4.11	4.06
71.0	4.25	4.34	4.43	4.52	4.50	4.45	4.39	4.34	4.28	4.23	4.18	4.12
71.5	4.31	4.40	4.49	4.58	4.57	4.51	4.46	4.40	4.35	4.30	4.24	4.19
72.0	4.37	4.46	4.55	4.64	4.63	4.58	4.52	4.47	4.42	4.36	4.31	4.25
72.5	4.43	4.52	4.61	4.70	4.70	4.64	4.59	4.54	4.48	4.43	4.37	4.32
73.0	4.49	4.58	4.67	4.76	4.76	4.71	4.66	4.60	4.55	4.49	4.44	4.39
73.5	4.54	4.63	4.72	4.81	4.83	4.78	4.72	4.67	4.61	4.56	4.51	4.45
74.0	4.60	4.69	4.78	4.87	4.90	4.84	4.79	4.73	4.68	4.63	4.57	4.52
74.5	4.66	4.75	4.84	4.93	4.96	4.91	4.85	4.80	4.75	4.69	4.64	4.58
75.0	4.72	4.81	4.90	4.99	5.03	4.97	4.92	4.87	4.81	4.76	4.70	4.65
75.5	4.78	4.87	4.96	5.05	5.09	5.04	4.99	4.93	4.88	4.82	4.77	4.72
76.0	4.84	4.93	5.02	5.11	5.16	5.11	5.05	5.00	4.94	4.89	4.84	4.78
76.5	4.90	4.99	5.08	5.17	5.23	5.17	5.12	5.06	5.01	4.96	4.90	4.85
77.0	4.95	5.04	5.13	5.22	5.29	5.24	5.18	5.13	5.08	5.02	4.97	4.91
77.5	5.01	5.10	5.19	5.28	5.36	5.30	5.25	5.20	5.14	5.09	5.03	4.98
78.0	5.07	5.16	5.25	5.34	5.42	5.37	5.32	5.26	5.21	5.15	5.10	5.05
78.5	5.13	5.22	5.31	5.40	5.49	5.44	5.38	5.33	5.27	5.22	5.17	5.11
79.0	5.19	5.28	5.37	5.46	5.56	5.50	5.45	5.39	5.34	5.29	5.23	5.18
79.5	5.25	5.34	5.43	5.52	5.62	5.57	5.51	5.46	5.41	5.35	5.30	5.24
80.0	5.30	5.39	5.48	5.57	5.69	5.63	5.58	5.53	5.47	5.42	5.36	5.31
80.5	5.36	5.45	5.54	5.63	5.75	5.70	5.65	5.59	5.54	5.48	5.43	5.38
81.0	5.42	5.51	5.60	5.69	5.82	5.77	5.71	5.66	5.60	5.55	5.50	5.44
81.5	5.48	5.57	5.66	5.75	5.89	5.83	5.78	5.72	5.67	5.62	5.56	5.51
82.0	5.54	5.63	5.72	5.81	5.95	5.90	5.84	5.79	5.74	5.68	5.63	5.57
82.5	5.60	5.69	5.78	5.87	6.02	5.96	5.91	5.86	5.80	5.75	5.69	5.64
83.0	5.65	5.74	5.83	5.92	6.08	6.03	5.98	5.92	5.87	5.81	5.76	5.71
83.5	5.71	5.80	5.90	5.98	6.15	6.10	6.04	5.99	5.93	5.88	5.83	5.77
84.0	5.77	5.86	5.95	6.04	6.22	6.16	6.11	6.05	6.00	5.95	5.89	5.84
84.5	5.83	5.92	6.01	6.10	6.28	6.23	6.12	6.17	6.07	6.01	5.96	5.90
85.0	5.89	5.98	6.07	6.16	6.36	6.29	6.24	6.19	6.13	6.06	6.02	5.97

WAC 296-62-14539 Table 2 (Cont.)

AGE													
HT	41	43	45	47	49	51	53	55	57	59	61	63	65
60.0	2.61	2.56	2.51	2.45	2.40	2.34	2.29	2.24	2.18	2.13	2.07	2.02	1.97
60.5	2.68	2.63	2.57	2.52	2.46	2.41	2.36	2.30	2.25	2.19	2.14	2.09	2.03
61.0	2.75	2.69	2.64	2.58	2.53	2.48	2.42	2.37	2.31	2.26	2.21	2.15	2.10
61.5	2.81	2.76	2.70	2.65	2.60	2.54	2.49	2.43	2.38	2.33	2.27	2.22	2.16
62.0	2.88	2.82	2.77	2.72	2.66	2.61	2.55	2.50	2.45	2.39	2.34	2.28	2.23
62.5	2.95	2.89	2.84	2.78	2.73	2.68	2.62	2.57	2.51	2.46	2.41	2.35	2.30
63.0	3.01	2.96	2.90	2.85	2.80	2.74	2.69	2.63	2.58	2.53	2.47	2.42	2.36
63.5	3.08	3.02	2.97	2.92	2.86	2.81	2.75	2.70	2.65	2.59	2.54	2.48	2.43
64.0	3.14	3.09	3.04	2.98	2.93	2.87	2.82	2.77	2.71	2.66	2.60	2.55	2.50
64.5	3.21	3.16	3.10	3.05	2.99	2.94	2.89	2.83	2.78	2.72	2.67	2.62	2.56
65.0	3.28	3.22	3.17	3.11	3.06	3.01	2.95	2.90	2.84	2.79	2.74	2.68	2.63
65.5	3.34	3.29	3.23	3.18	3.13	3.07	3.02	2.96	2.91	2.86	2.80	2.75	2.69
66.0	3.41	3.35	3.30	3.25	3.19	3.14	3.08	3.03	2.98	2.92	2.87	2.81	2.76
66.5	3.47	3.42	3.37	3.31	3.26	3.20	3.15	3.10	3.04	2.99	2.93	2.88	2.83
67.0	3.54	3.49	3.43	3.38	3.32	3.27	3.22	3.16	3.11	3.05	3.00	2.95	2.89
67.5	3.61	3.55	3.50	3.44	3.39	3.34	3.28	3.23	3.17	3.12	3.07	3.01	2.96
68.0	3.67	3.62	3.56	3.51	3.46	3.40	3.35	3.29	3.24	3.19	3.13	3.08	3.02
68.5	3.74	3.68	3.63	3.58	3.52	3.47	3.41	3.36	3.31	3.25	3.20	3.14	3.09
69.0	3.80	3.75	3.70	3.64	3.59	3.53	3.48	3.43	3.37	3.32	3.26	3.21	3.16
69.5	3.87	3.82	3.76	3.71	3.65	3.60	3.55	3.49	3.44	3.38	3.33	3.28	3.22
70.0	3.94	3.88	3.83	3.77	3.72	3.67	3.61	3.56	3.50	3.45	3.40	3.34	3.29
70.5	4.00	3.95	3.89	3.84	3.79	3.73	3.68	3.62	3.57	3.52	3.46	3.41	3.35
71.0	4.07	4.01	3.96	3.91	3.85	3.80	3.74	3.69	3.64	3.58	3.53	3.47	3.42
71.5	4.13	4.08	4.03	3.97	3.92	3.86	3.81	3.76	3.70	3.65	3.59	3.54	3.49
72.0	4.20	4.15	4.09	4.04	3.98	3.93	3.88	3.82	3.77	3.71	3.66	3.61	3.55
72.5	4.27	4.21	4.16	4.10	4.05	4.00	3.94	3.89	3.83	3.78	3.73	3.67	3.62
73.0	4.33	4.28	4.22	4.17	4.12	4.06	4.01	3.95	3.90	3.85	3.79	3.74	3.68
73.5	4.40	4.34	4.29	4.24	4.18	4.13	4.07	4.02	3.97	3.91	3.86	3.80	3.75
74.0	4.46	4.41	4.36	4.30	4.25	4.19	4.14	4.09	4.03	3.98	3.92	3.87	3.82
74.5	4.53	4.48	4.42	4.37	4.31	4.26	4.21	4.15	4.10	4.04	3.99	3.94	3.88
75.0	4.60	4.54	4.49	4.43	4.38	4.33	4.27	4.22	4.16	4.11	4.06	4.00	3.95
75.5	4.66	4.61	4.55	4.50	4.45	4.39	4.34	4.28	4.23	4.18	4.12	4.07	4.01
76.0	4.73	4.67	4.62	4.57	4.51	4.46	4.40	4.35	4.30	4.24	4.19	4.13	4.08
76.5	4.79	4.74	4.69	4.63	4.58	4.52	4.47	4.42	4.36	4.31	4.25	4.20	4.15
77.0	4.86	4.81	4.75	4.70	4.64	4.59	4.54	4.48	4.43	4.37	4.32	4.27	4.21
77.5	4.93	4.87	4.82	4.76	4.71	4.66	4.60	4.55	4.49	4.44	4.39	4.33	4.28
78.0	4.99	4.94	4.88	4.83	4.78	4.72	4.67	4.61	4.56	4.51	4.45	4.40	4.34
78.5	5.06	5.00	4.95	4.90	4.84	4.79	4.73	4.68	4.63	4.57	4.52	4.46	4.41
79.0	5.12	5.07	5.02	4.96	4.91	4.85	4.80	4.75	4.69	4.64	4.58	4.53	4.48
79.5	5.19	5.14	5.08	5.03	4.97	4.92	4.87	4.81	4.76	4.70	4.65	4.60	4.54
80.0	5.26	5.20	5.15	5.09	5.04	4.99	4.93	4.88	4.82	4.77	4.72	4.66	4.61
80.5	5.32	5.27	5.21	5.16	5.11	5.05	5.00	4.94	4.89	4.84	4.78	4.73	4.67
81.0	5.39	5.33	5.28	5.23	5.17	5.12	5.06	5.01	4.96	4.90	4.85	4.79	4.74
81.5	5.45	5.40	5.35	5.29	5.24	5.18	5.13	5.08	5.02	4.97	4.91	4.86	4.81
82.0	5.52	5.47	5.41	5.36	5.30	5.25	5.20	5.14	5.09	5.03	4.98	4.93	4.87
82.5	5.59	5.53	5.48	5.42	5.37	5.32	5.26	5.21	5.15	5.10	5.05	4.99	4.94
83.0	5.65	5.60	5.54	5.49	5.44	5.38	5.33	5.27	5.22	5.17	5.11	5.06	5.00
83.5	5.72	5.66	5.61	5.56	5.50	5.45	5.39	5.34	5.29	5.23	5.18	5.12	5.07
84.0	5.78	5.73	5.68	5.62	5.57	5.51	5.46	5.41	5.35	5.30	5.24	5.19	5.14
84.5	5.85	5.80	5.74	5.69	5.63	5.58	5.53	5.47	5.42	5.36	5.31	5.26	5.20
85.0	5.92	5.86	5.81	5.75	5.70	5.65	5.59	5.54	5.48	5.43	5.38	5.32	5.27

WAC 296-62-14539 (Cont.)

TABLE 3. PREDICTED FVC FOR FEMALES (KNUDSON, ETAL.: AM. REV .RESPIR .DIS.1976,113,587.)

AGE												
HT	17	19	21	23	25	27	29	31	33	35	37	39
52.0	2.45	2.64	2.65	2.61	2.56	2.52	2.47	2.43	2.39	2.34	2.30	2.25
52.5	2.50	2.68	2.70	2.65	2.61	2.57	2.52	2.48	2.43	2.39	2.35	2.30
53.0	2.54	2.72	2.74	2.70	2.66	2.61	2.57	2.52	2.48	2.44	2.39	2.35
53.5	2.58	2.76	2.79	2.75	2.70	2.66	2.62	2.57	2.53	2.48	2.44	2.40
54.0	2.62	2.81	2.84	2.79	2.75	2.71	2.66	2.62	2.57	2.53	2.49	2.44
54.5	2.66	2.85	2.89	2.84	2.80	2.75	2.71	2.67	2.62	2.58	2.53	2.49
55.0	2.71	2.89	2.93	2.89	2.84	2.80	2.76	2.71	2.67	2.62	2.58	2.54
55.5	2.75	2.93	2.98	2.94	2.89	2.85	2.80	2.76	2.72	2.67	2.63	2.58
56.0	2.79	2.97	3.03	2.98	2.94	2.89	2.85	2.81	2.76	2.72	2.67	2.63
56.5	2.83	3.01	3.07	3.03	2.99	2.94	2.90	2.85	2.81	2.77	2.72	2.68
57.0	2.87	3.06	3.12	3.08	3.03	2.99	2.94	2.90	2.86	2.81	2.77	2.72
57.5	2.91	3.10	3.17	3.12	3.08	3.04	2.99	2.95	2.90	2.86	2.82	2.77
58.0	2.96	3.14	3.21	3.17	3.13	3.08	3.04	2.99	2.95	2.91	2.86	2.82
58.5	3.00	3.18	3.26	3.22	3.17	3.13	3.09	3.04	3.00	2.95	2.91	2.87
59.0	3.04	3.22	3.31	3.26	3.22	3.18	3.13	3.09	3.04	3.00	2.96	2.91
59.5	3.08	3.27	3.36	3.31	3.27	3.22	3.18	3.14	3.09	3.05	3.00	2.96
60.0	3.12	3.31	3.40	3.36	3.31	3.27	3.23	3.18	3.14	3.09	3.05	3.01
60.5	3.17	3.35	3.45	3.41	3.36	3.32	3.27	3.23	3.19	3.14	3.10	3.05
61.0	3.21	3.39	3.50	3.45	3.41	3.36	3.32	3.28	3.23	3.19	3.14	3.10
61.5	3.25	3.43	3.54	3.50	3.46	3.41	3.37	3.32	3.28	3.24	3.19	3.15
62.0	3.29	3.48	3.59	3.55	3.50	3.46	3.41	3.37	3.33	3.28	3.24	3.19
62.5	3.33	3.52	3.64	3.59	3.55	3.51	3.46	3.42	3.37	3.33	3.29	3.24
63.0	3.38	3.56	3.68	3.64	3.60	3.55	3.51	3.46	3.42	3.38	3.33	3.29
63.5	3.42	3.60	3.73	3.69	3.64	3.60	3.56	3.51	3.47	3.42	3.38	3.34
64.0	3.46	3.64	3.78	3.73	3.69	3.65	3.60	3.56	3.51	3.47	3.43	3.38
64.5	3.50	3.69	3.83	3.78	3.74	3.69	3.65	3.61	3.56	3.52	3.47	3.43
65.0	3.54	3.73	3.87	3.83	3.78	3.74	3.70	3.65	3.61	3.56	3.52	3.48
65.5	3.59	3.77	3.92	3.88	3.83	3.79	3.74	3.70	3.66	3.61	3.57	3.52
66.0	3.63	3.81	3.97	3.92	3.88	3.83	3.79	3.75	3.70	3.66	3.61	3.57
66.5	3.67	3.85	4.01	3.97	3.93	3.88	3.84	3.79	3.75	3.71	3.66	3.62
67.0	3.71	3.89	4.06	4.02	3.97	3.93	3.88	3.84	3.80	3.75	3.71	3.66
67.5	3.75	3.94	4.11	4.06	4.02	3.98	3.93	3.89	3.84	3.80	3.76	3.71
68.0	3.79	3.98	4.15	4.11	4.07	4.02	3.98	3.93	3.89	3.85	3.80	3.76
68.5	3.84	4.02	4.20	4.16	4.11	4.07	4.03	3.98	3.94	3.89	3.85	3.81
69.0	3.88	4.06	4.25	4.20	4.16	4.12	4.07	4.03	3.98	3.94	3.90	3.85
69.5	3.92	4.10	4.30	4.29	4.21	4.16	4.12	4.08	4.03	3.99	3.94	3.90
70.0	3.96	4.15	4.34	4.30	4.25	4.21	4.17	4.12	4.08	4.03	3.99	3.95
70.5	4.00	4.19	4.39	4.35	4.30	4.26	4.21	4.17	4.13	4.08	4.04	3.99
71.0	4.05	4.23	4.44	4.39	4.35	4.30	4.26	4.22	4.17	4.13	4.08	4.04
71.5	4.09	4.27	4.48	4.44	4.40	4.35	4.31	4.26	4.22	4.18	4.13	4.09
72.0	4.13	4.31	4.53	4.49	4.44	4.40	4.35	4.31	4.27	4.22	4.18	4.13
72.5	4.17	4.36	4.58	4.53	4.49	4.45	4.40	4.36	4.31	4.27	4.23	4.18
73.0	4.21	4.40	4.62	4.58	4.54	4.49	4.45	4.40	4.36	4.32	4.27	4.23
73.5	4.26	4.44	4.67	4.63	4.50	4.54	4.50	4.45	4.41	4.36	4.32	4.28
74.0	4.30	4.48	4.72	4.67	4.63	4.59	4.54	4.50	4.45	4.41	4.37	4.32
74.5	4.34	4.52	4.77	4.72	4.68	4.63	4.59	4.55	4.50	4.46	4.41	4.37
75.0	4.38	4.57	4.81	4.77	4.72	4.68	4.64	4.59	4.55	4.50	4.46	4.42
75.5	4.42	4.61	4.86	4.82	4.77	4.73	4.68	4.64	4.60	4.55	4.51	4.46
76.0	4.47	4.65	4.91	4.86	4.82	4.77	4.73	4.69	4.64	4.60	4.55	4.51
76.5	4.51	4.69	4.95	4.91	4.87	4.82	4.78	4.73	4.69	4.65	4.60	4.56
77.0	4.55	4.73	5.00	4.96	4.91	4.87	4.82	4.78	4.74	4.69	4.65	4.60

WAC 296-62-14539 Table 3 (Cont.)

AGE													
HT	41	43	45	47	49	51	53	55	57	59	61	63	65
52.0	2.21	2.17	2.12	2.08	2.03	1.99	1.95	1.90	1.86	1.81	1.77	1.73	1.68
52.5	2.26	2.21	2.17	2.13	2.08	2.04	1.99	1.95	1.91	1.86	1.82	1.77	1.73
53.0	2.30	2.26	2.22	2.17	2.13	2.08	2.04	2.00	1.95	1.91	1.86	1.82	1.78
53.5	2.35	2.31	2.26	2.22	2.18	2.13	2.09	2.04	2.00	1.96	1.91	1.87	1.82
54.0	2.40	2.35	2.31	2.27	2.22	2.18	2.13	2.09	2.05	2.00	1.96	1.91	1.87
54.5	2.45	2.40	2.36	2.31	2.27	2.23	2.18	2.14	2.09	2.05	2.01	1.96	1.92
55.0	2.49	2.45	2.40	2.36	2.32	2.27	2.23	2.18	2.14	2.10	2.05	2.01	1.96
55.5	2.54	2.50	2.45	2.41	2.36	2.32	2.28	2.23	2.19	2.14	2.10	2.06	2.01
56.0	2.59	2.54	2.50	2.45	2.41	2.37	2.32	2.28	2.23	2.19	2.15	2.10	2.06
56.5	2.63	2.59	2.55	2.50	2.46	2.41	2.37	2.33	2.28	2.24	2.19	2.15	2.11
57.0	2.68	2.64	2.59	2.55	2.50	2.46	2.42	2.37	2.33	2.28	2.24	2.20	2.15
57.5	2.73	2.68	2.64	2.60	2.55	2.51	2.46	2.42	2.38	2.33	2.29	2.24	2.20
58.0	2.77	2.73	2.69	2.64	2.60	2.55	2.51	2.47	2.42	2.38	2.33	2.29	2.25
58.5	2.82	2.78	2.73	2.69	2.65	2.60	2.56	2.51	2.47	2.43	2.38	2.34	2.29
59.0	2.87	2.82	2.78	2.74	2.69	2.65	2.60	2.56	2.52	2.47	2.43	2.38	2.34
59.5	2.92	2.87	2.83	2.78	2.74	2.70	2.65	2.61	2.56	2.52	2.48	2.43	2.39
60.0	2.96	2.92	2.87	2.83	2.79	2.74	2.70	2.65	2.61	2.57	2.52	2.48	2.43
60.5	3.01	2.97	2.92	2.88	2.83	2.79	2.75	2.70	2.66	2.61	2.57	2.53	2.48
61.0	3.06	3.01	2.97	2.92	2.88	2.84	2.79	2.75	2.70	2.66	2.62	2.57	2.53
61.5	3.10	3.06	3.02	2.97	2.93	2.88	2.84	2.80	2.75	2.71	2.66	2.62	2.58
62.0	3.15	3.11	3.06	3.02	2.97	2.93	2.89	2.84	2.80	2.75	2.71	2.67	2.62
62.5	3.20	3.15	3.11	3.07	3.02	2.98	2.93	2.89	2.85	2.80	2.76	2.71	2.67
63.0	3.24	3.20	3.16	3.11	3.07	3.02	2.98	2.94	2.89	2.85	2.80	2.76	2.72
63.5	3.29	3.25	3.20	3.16	3.12	3.07	3.03	2.98	2.94	2.90	2.85	2.81	2.76
64.0	3.34	3.29	3.25	3.21	3.16	3.12	3.07	3.03	2.99	2.94	2.90	2.85	2.81
64.5	3.39	3.34	3.30	3.25	3.21	3.17	3.12	3.08	3.03	2.99	2.95	2.90	2.86
65.0	3.43	3.39	3.34	3.30	3.26	3.21	3.17	3.12	3.08	3.04	2.99	2.95	2.90
65.5	3.48	3.44	3.39	3.35	3.30	3.26	3.22	3.17	3.13	3.08	3.04	3.00	2.95
66.0	3.53	3.48	3.44	3.39	3.35	3.31	3.26	3.22	3.17	3.13	3.09	3.04	3.00
66.5	3.57	3.53	3.49	3.44	3.40	3.35	3.31	3.27	3.22	3.18	3.13	3.09	3.05
67.0	3.62	3.58	3.53	3.49	3.44	3.40	3.36	3.31	3.27	3.22	3.18	3.14	3.09
67.5	3.67	3.62	3.58	3.54	3.49	3.45	3.40	3.36	3.32	3.27	3.23	3.18	3.14
68.0	3.71	3.67	3.63	3.58	3.54	3.49	3.45	3.41	3.36	3.32	3.27	3.23	3.19
68.5	3.76	3.72	3.67	3.63	3.59	3.54	3.50	3.45	3.41	3.37	3.32	3.28	3.23
69.0	3.81	3.76	3.72	3.68	3.63	3.59	3.54	3.50	3.46	3.41	3.37	3.32	3.28
69.5	3.86	3.81	3.77	3.72	3.68	3.64	3.59	3.55	3.50	3.46	3.42	3.37	3.33
70.0	3.90	3.86	3.81	3.77	3.73	3.68	3.64	3.59	3.55	3.51	3.46	3.42	3.37
70.5	3.95	3.91	3.86	3.82	3.77	3.73	3.69	3.64	3.60	3.55	3.51	3.47	3.42
71.0	4.00	3.95	3.91	3.86	3.82	3.78	3.73	3.69	3.64	3.60	3.56	3.51	3.47
71.5	4.04	4.00	3.96	3.91	3.87	3.82	3.78	3.74	3.69	3.65	3.60	3.56	3.52
72.0	4.09	4.05	4.00	3.96	3.91	3.87	3.83	3.78	3.74	3.69	3.65	3.61	3.56
72.5	4.14	4.09	4.05	4.01	3.96	3.92	3.87	3.83	3.79	3.74	3.70	3.65	3.61
73.0	4.18	4.14	4.10	4.05	4.01	3.96	3.92	3.88	3.83	3.79	3.74	3.70	3.66
73.5	4.23	4.19	4.14	4.10	4.06	4.01	3.97	3.92	3.88	3.84	3.79	3.75	3.70
74.0	4.28	4.23	4.19	4.15	4.10	4.06	4.01	3.97	3.93	3.88	3.84	3.79	3.75
74.5	4.33	4.28	4.24	4.19	4.15	4.11	4.06	4.02	3.97	3.93	3.89	3.84	3.80
75.0	4.37	4.33	4.28	4.24	4.20	4.15	4.11	4.06	4.02	3.98	3.93	3.89	3.84
75.5	4.42	4.38	4.33	4.29	4.24	4.20	4.16	4.11	4.07	4.02	3.98	3.94	3.89
76.0	4.47	4.42	4.38	4.33	4.29	4.25	4.20	4.16	4.11	4.07	4.03	3.98	3.94
76.5	4.51	4.47	4.43	4.38	4.34	4.29	4.25	4.21	4.16	4.12	4.07	4.03	3.99
77.0	4.56	4.52	4.47	4.43	4.38	4.34	4.30	4.25	4.21	4.16	4.12	4.08	4.03

WAC 296-62-14539 (Cont.)

TABLE 4. PREDICTED FEV (1) FOR FEMALES (KNUDSON,ETAL.:AM. REV. RESPIR.DIS.1976,113,587.)

AGE												
HT	17	19	21	23	25	27	29	31	33	35	37	39
52.0	2.31	2.48	2.33	2.29	2.25	2.21	2.16	2.12	2.08	2.04	2.00	1.95
52.5	2.34	2.51	2.37	2.32	2.28	2.24	2.20	2.16	2.11	2.07	2.03	1.99
53.0	2.38	2.55	2.40	2.36	2.32	2.27	2.23	2.19	2.15	2.11	2.06	2.02
53.5	2.41	2.58	2.43	2.39	2.35	2.31	2.27	2.22	2.18	2.14	2.10	2.06
54.0	2.45	2.62	2.47	2.43	2.38	2.34	2.30	2.26	2.22	2.17	2.13	2.09
54.5	2.48	2.65	2.50	2.46	2.42	2.38	2.33	2.29	2.25	2.21	2.17	2.12
55.0	2.51	2.68	2.54	2.49	2.45	2.41	2.37	2.33	2.28	2.24	2.20	2.16
55.5	2.55	2.72	2.57	2.53	2.49	2.45	2.40	2.36	2.32	2.28	2.24	2.19
56.0	2.58	2.75	2.61	2.56	2.52	2.48	2.44	2.40	2.35	2.31	2.27	2.23
56.5	2.62	2.79	2.64	2.60	2.56	2.51	2.47	2.43	2.39	2.35	2.30	2.26
57.0	2.65	2.82	2.67	2.63	2.59	2.55	2.51	2.46	2.42	2.38	2.34	2.30
57.5	2.69	2.86	2.71	2.67	2.62	2.58	2.54	2.50	2.46	2.41	2.37	2.33
58.0	2.72	2.89	2.74	2.70	2.66	2.62	2.57	2.53	2.49	2.45	2.41	2.36
58.5	2.75	2.92	2.78	2.73	2.69	2.65	2.61	2.57	2.52	2.48	2.44	2.40
59.0	2.79	2.96	2.81	2.77	2.73	2.69	2.64	2.60	2.56	2.52	2.48	2.43
59.5	2.82	2.99	2.85	2.80	2.76	2.72	2.68	2.64	2.59	2.55	2.51	2.47
60.0	2.86	3.03	2.88	2.84	2.80	2.75	2.71	2.67	2.63	2.59	2.54	2.50
60.5	2.89	3.06	2.91	2.87	2.83	2.79	2.75	2.70	2.66	2.62	2.58	2.54
61.0	2.93	3.10	2.95	2.91	2.86	2.82	2.78	2.74	2.70	2.65	2.61	2.57
61.5	2.96	3.13	2.98	2.94	2.90	2.86	2.81	2.77	2.73	2.69	2.65	2.60
62.0	2.99	3.16	3.02	2.97	2.93	2.89	2.85	2.81	2.76	2.72	2.68	2.64
62.5	3.03	3.20	3.05	3.01	2.97	2.93	2.88	2.84	2.80	2.76	2.72	2.67
63.0	3.06	3.23	3.09	3.04	3.00	2.96	2.92	2.88	2.83	2.79	2.75	2.71
63.5	3.10	3.27	3.12	3.08	3.04	2.99	2.95	2.91	2.87	2.83	2.78	2.74
64.0	3.13	3.30	3.15	3.11	3.07	3.03	2.99	2.94	2.90	2.86	2.82	2.78
64.5	3.17	3.34	3.19	3.15	3.10	3.06	3.02	2.98	2.94	2.89	2.85	2.81
65.0	3.20	3.37	3.22	3.18	3.14	3.10	3.05	3.01	2.97	2.93	2.89	2.84
65.5	3.23	3.40	3.26	3.21	3.17	3.13	3.09	3.05	3.00	2.96	2.92	2.88
66.0	3.27	3.44	3.29	3.25	3.21	3.17	3.12	3.08	3.04	3.00	2.96	2.91
66.5	3.30	3.47	3.33	3.28	3.24	3.20	3.16	3.12	3.07	3.03	2.99	2.95
67.0	3.34	3.51	3.36	3.32	3.28	3.23	3.19	3.15	3.11	3.07	3.02	2.98
67.5	3.37	3.54	3.39	3.35	3.31	3.27	3.23	3.18	3.14	3.10	3.06	3.02
68.0	3.41	3.58	3.43	3.39	3.34	3.30	3.26	3.22	3.18	3.13	3.09	3.05
68.5	3.44	3.61	3.46	3.42	3.38	3.34	3.29	3.25	3.21	3.17	3.13	3.08
69.0	3.47	3.64	3.50	3.46	3.41	3.37	3.33	3.29	3.25	3.20	3.16	3.12
69.5	3.51	3.68	3.53	3.49	3.45	3.41	3.36	3.32	3.28	3.24	3.20	3.15
70.0	3.54	3.71	3.57	3.52	3.48	3.44	3.40	3.36	3.31	3.27	3.23	3.19
70.5	3.58	3.75	3.60	3.56	3.52	3.47	3.43	3.39	3.35	3.31	3.26	3.22
71.0	3.61	3.78	3.63	3.59	3.55	3.51	3.47	3.42	3.38	3.34	3.30	3.26
71.5	3.65	3.82	3.67	3.63	3.58	3.54	3.50	3.46	3.42	3.37	3.33	3.29
72.0	3.68	3.85	3.70	3.66	3.62	3.58	3.53	3.49	3.45	3.41	3.37	3.32
72.5	3.71	3.88	3.74	3.70	3.65	3.61	3.57	3.53	3.49	3.44	3.40	3.36
73.0	3.75	3.92	3.77	3.73	3.69	3.65	3.60	3.56	3.52	3.48	3.44	3.39
73.5	3.78	3.95	3.81	3.76	3.72	3.68	3.64	3.60	3.55	3.51	3.47	3.43
74.0	3.82	3.99	3.84	3.80	3.76	3.71	3.67	3.63	3.59	3.55	3.50	3.46
74.5	3.85	4.02	3.87	3.83	3.79	3.75	3.71	3.66	3.62	3.58	3.54	3.50
75.0	3.89	4.06	3.91	3.87	3.82	3.78	3.74	3.70	3.66	3.61	3.57	3.53
75.5	3.92	4.09	3.94	3.90	3.86	3.82	3.77	3.73	3.69	3.65	3.61	3.56
76.0	3.95	4.12	3.98	3.94	3.89	3.85	3.81	3.77	3.73	3.68	3.64	3.60
76.5	3.99	4.16	4.01	3.97	3.93	3.89	3.84	3.80	3.76	3.72	3.68	3.63
77.0	4.02	4.19	4.05	4.00	3.96	3.92	3.88	3.84	3.79	3.75	3.71	3.67

WAC 296-62-14539 Table 4 (Cont.)

AGE													
HT	41	43	45	47	49	51	53	55	57	59	61	63	65
52.0	1.91	1.87	1.83	1.79	1.74	1.70	1.66	1.62	1.58	1.53	1.49	1.45	1.41
52.5	1.95	1.90	1.86	1.82	1.78	1.74	1.69	1.65	1.61	1.57	1.53	1.48	1.44
53.0	1.98	1.94	1.90	1.85	1.81	1.77	1.73	1.69	1.64	1.60	1.56	1.52	1.48
53.5	2.01	1.97	1.93	1.89	1.85	1.80	1.76	1.72	1.68	1.64	1.59	1.55	1.51
54.0	2.05	2.01	1.96	1.92	1.88	1.84	1.80	1.75	1.71	1.67	1.63	1.59	1.54
54.5	2.08	2.04	2.00	1.96	1.91	1.87	1.83	1.79	1.75	1.70	1.66	1.62	1.58
55.0	2.12	2.07	2.03	1.99	1.95	1.91	1.86	1.82	1.78	1.74	1.70	1.65	1.61
55.5	2.15	2.11	2.07	2.03	1.98	1.94	1.90	1.86	1.82	1.77	1.73	1.69	1.65
56.0	2.19	2.14	2.10	2.06	2.02	1.98	1.93	1.89	1.85	1.81	1.77	1.72	1.68
56.5	2.22	2.18	2.14	2.09	2.05	2.01	1.97	1.93	1.88	1.84	1.80	1.76	1.72
57.0	2.25	2.21	2.17	2.13	2.09	2.04	2.00	1.96	1.92	1.88	1.83	1.79	1.75
57.5	2.29	2.25	2.20	2.16	2.12	2.08	2.04	1.99	1.95	1.91	1.87	1.83	1.78
58.0	2.32	2.28	2.24	2.20	2.15	2.11	2.07	2.03	1.99	1.94	1.90	1.86	1.82
58.5	2.36	2.31	2.27	2.23	2.19	2.15	2.10	2.06	2.02	1.98	1.94	1.89	1.85
59.0	2.39	2.35	2.31	2.27	2.22	2.18	2.14	2.10	2.06	2.01	1.97	1.93	1.89
59.5	2.43	2.38	2.34	2.30	2.26	2.22	2.17	2.13	2.09	2.05	2.01	1.96	1.92
60.0	2.46	2.42	2.38	2.33	2.29	2.25	2.21	2.17	2.12	2.08	2.04	2.00	1.96
60.5	2.49	2.45	2.41	2.37	2.33	2.28	2.24	2.20	2.16	2.12	2.07	2.03	1.99
61.0	2.53	2.49	2.44	2.40	2.36	2.32	2.28	2.23	2.19	2.15	2.11	2.07	2.02
61.5	2.56	2.52	2.48	2.44	2.39	2.35	2.31	2.27	2.23	2.18	2.14	2.10	2.06
62.0	2.60	2.55	2.51	2.47	2.43	2.39	2.34	2.30	2.26	2.22	2.18	2.13	2.09
62.5	2.63	2.59	2.55	2.51	2.46	2.42	2.38	2.34	2.30	2.25	2.21	2.17	2.13
63.0	2.67	2.62	2.58	2.54	2.50	2.46	2.41	2.37	2.33	2.29	2.25	2.20	2.16
63.5	2.70	2.66	2.62	2.57	2.53	2.49	2.45	2.41	2.36	2.32	2.28	2.24	2.20
64.0	2.73	2.69	2.65	2.61	2.57	2.52	2.48	2.44	2.40	2.36	2.31	2.27	2.23
64.5	2.77	2.73	2.68	2.64	2.60	2.56	2.52	2.47	2.43	2.39	2.35	2.31	2.26
65.0	2.80	2.76	2.72	2.68	2.63	2.59	2.55	2.51	2.47	2.42	2.38	2.34	2.30
65.5	2.84	2.79	2.75	2.71	2.67	2.63	2.58	2.54	2.50	2.46	2.42	2.37	2.33
66.0	2.87	2.83	2.79	2.75	2.70	2.66	2.62	2.58	2.54	2.49	2.45	2.41	2.37
66.5	2.91	2.86	2.82	2.78	2.74	2.70	2.65	2.61	2.57	2.53	2.49	2.44	2.40
67.0	2.94	2.90	2.86	2.81	2.77	2.73	2.69	2.65	2.60	2.56	2.52	2.48	2.44
67.5	2.97	2.94	2.89	2.85	2.81	2.76	2.72	2.68	2.64	2.60	2.55	2.51	2.47
68.0	3.01	2.97	2.92	2.88	2.84	2.80	2.76	2.71	2.67	2.63	2.59	2.55	2.50
68.5	3.04	3.00	2.96	2.92	2.87	2.83	2.79	2.75	2.71	2.66	2.62	2.58	2.54
69.0	3.08	3.04	2.99	2.95	2.91	2.87	2.83	2.78	2.74	2.70	2.66	2.62	2.57
69.5	3.11	3.07	3.03	2.99	2.94	2.90	2.86	2.82	2.78	2.73	2.69	2.65	2.61
70.0	3.15	3.10	3.06	3.02	2.98	2.94	2.89	2.85	2.81	2.77	2.73	2.68	2.64
70.5	3.18	3.14	3.10	3.05	3.01	2.97	2.93	2.89	2.84	2.80	2.76	2.72	2.68
71.0	3.21	3.17	3.13	3.09	3.05	3.00	2.96	2.92	2.88	2.84	2.79	2.75	2.71
71.5	3.25	3.21	3.16	3.12	3.08	3.04	3.00	2.95	2.91	2.87	2.83	2.79	2.74
72.0	3.28	3.24	3.20	3.16	3.11	3.07	3.03	2.99	2.95	2.90	2.86	2.82	2.78
72.5	3.32	3.28	3.23	3.19	3.15	3.11	3.07	3.02	2.98	2.94	2.90	2.86	2.81
73.0	3.35	3.31	3.27	3.23	3.18	3.14	3.10	3.06	3.02	2.97	2.93	2.89	2.85
73.5	3.39	3.34	3.30	3.26	3.22	3.18	3.13	3.09	3.05	3.01	2.97	2.92	2.88
74.0	3.42	3.38	3.34	3.29	3.25	3.21	3.17	3.13	3.08	3.04	3.00	2.96	2.92
74.5	3.45	3.41	3.37	3.33	3.29	3.24	3.20	3.16	3.12	3.08	3.03	2.99	2.95
75.0	3.49	3.45	3.40	3.36	3.32	3.28	3.24	3.19	3.15	3.11	3.07	3.03	2.98
75.5	3.52	3.48	3.44	3.40	3.35	3.31	3.27	3.23	3.19	3.14	3.10	3.06	3.02
76.0	3.56	3.52	3.47	3.43	3.39	3.35	3.31	3.26	3.22	3.18	3.14	3.10	3.05
76.5	3.59	3.55	3.51	3.47	3.42	3.38	3.34	3.30	3.26	3.21	3.17	3.13	3.09
77.0	3.63	3.58	3.54	3.50	3.46	3.42	3.37	3.33	3.29	3.25	3.21	3.16	3.12

[Statutory Authority: Chapter 49.17 RCW. 87-24-051 (Order 87-24), 296-62-14539, filed 11/30/87.]

WAC 296-62-14541 Appendix D--Pulmonary function standards for cotton dust standard. The spirometric measurements of pulmonary function shall conform to the following minimum standards, and these standards are not intended to preclude additional testing or alternate methods which can be determined to be superior.

(1) **Apparatus**

- (a) The instrument shall be accurate to within ± 50 milliliters or within ± 3 percent of reading, whichever is greater.
- (b) The instrument should be capable of measuring vital capacity from 0 to 7 liters BTPS.
- (c) The instrument shall have a low inertia and offer low resistance to airflow such that the resistance to airflow at 12 liters per second must be less than 1.5 cm. H₂O/liter/sec.
- (d) The zero time point for the purpose of timing the FEV₁ shall be determined by extrapolating the steepest portion of the volume time curve back to the maximal inspiration volume (1, 2, 3, 4) or by an equivalent method.
- (e) Instruments incorporating measurements of airflow to determine volume shall conform to the same volume accuracy stated in (a) of this subsection when presented with flow rates from at least 0 to 12 liters per second.
- (f) The instrument or user of the instrument must have means of correcting volumes to a body temperature saturated with water vapor (BTPS) under conditions of varying ambient spirometer temperatures and barometric pressures.
- (g) The instrument used shall provide a tracing or display of either flow versus volume or volume versus time during the entire forced expiration. A tracing or display is necessary to determine whether the patient has performed the test properly. The tracing must be stored and available for recall and must be of sufficient size that hand measurements may be made within requirement of (a) of this subsection. If a paper record is made it must have a paper speed of at least 2 cm/sec and a volume sensitivity of at least 10.0 mm of chart per liter of volume.
- (h) The instrument shall be capable of accumulating volume for a minimum of ten seconds and shall not stop accumulating volume before (i) the volume change for a 0.5 second interval is less than 25 milliliters or (ii) the flow is less than 50 milliliters per second for a 0.5 second interval.
- (i) The forced vital capacity (FVC) and forced expiratory volume in 1 second FEV_{1.0} measurements shall comply with the accuracy requirements stated in (a) of this subsection. That is, they should be accurately measured to within ± 50 ml or within ± 3 percent of reading, whichever is greater.
- (j) The instrument must be capable of being calibrated in the field with respect to the FEV₁ and FVC. This calibration of the FEV₁ and FVC may be either directly or indirectly through volume and time base measurements. The volume calibration source should provide a volume displacement of at least 2 liters and should be accurate to within ± 30 milliliters.

(2) **Technique for measurement of forced vital capacity maneuver.**

- (a) Use of a nose clip is recommended but not required. The procedures shall be explained in simple terms to the patient who shall be instructed to loosen any tight clothing and stand in front of the apparatus. The subject may sit, but care should be taken on repeat testing that same position be used and, if possible, the same spirometer. Particular attention shall be given to insure that the chin is slightly elevated with the neck slightly extended. The patient shall be instructed to make a full inspiration from a normal breathing pattern and then blow into the apparatus, without interruption, as hard, fast, and completely as possible. At least three forced expirations shall be

WAC 296-62-14541 (Cont.)

carried out. During the maneuvers, the patient shall be observed for compliance with instructions. The expirations shall be checked visually for reproducibility from flow-volume or volume-time tracings or displays. The following efforts shall be judged unacceptable when the patient:

- (i) Has not reached full inspiration preceding the forced expiration,
 - (ii) Has not used maximal effort during the entire forced expiration,
 - (iii) Has not continued the expiration for at least 5 seconds or until an obvious plateau in the volume time curve has occurred,
 - (iv) Has coughed or closed his glottis,
 - (v) Has an obstructed mouthpiece or a leak around the mouthpiece (obstruction due to tongue being placed in front of mouthpiece, false teeth falling in front of mouthpiece, etc.),
 - (vi) Has an unsatisfactory start of expiration, one characterized by excessive hesitation (or false starts), and therefore not allowing back extrapolation of time 0 (extrapolated volume on the volume time tracing must be less than 10 percent of the FVC),
 - (vii) Has an excessive variability between the three acceptable curves. The variation between the two largest FVC's and FEV_{1s} of the three satisfactory tracings should not exceed 10 percent or ± 100 milliliters, whichever is greater.
- (b) Periodic and routine recalibration of the instrument or method for recording FVC and $FEV_{1.0}$ should be performed using a syringe or other volume source of at least 2 liters.

(3) Interpretation of spirogram.

- (a) The first step in evaluating a spirogram should be to determine whether or not the patient has performed the test properly or as described in subsection (2) of this section. From the three satisfactory tracings, the forced vital capacity (FVC) and forced expiratory volume in 1 second ($FEV_{1.0}$) shall be measured and recorded. The largest observed FVC and largest observed $FEV_{1.0}$ shall be used in the analysis regardless of the curve(s) on which they occur.
- (b) The following guidelines are recommended by NIOSH for the evaluation and management of workers exposed to cotton dust. It is important to note that employees who show reductions in FEV_1/FVC ratio below .75 or drops in Monday FEV_1 of 5 percent or greater on their initial screening exam, should be reevaluated within a month of the first exam. Those who show consistent decrease in lung function, as shown on the following table, should be managed as recommended.

(4) Qualifications of personnel administering the test.

Technicians who perform pulmonary function testing should have the basic knowledge required to produce meaningful results. Training consisting of approximately 16 hours of formal instruction should cover the following areas.

- (a) Basic physiology of the forced vital capacity maneuver and the determinants of airflow limitation with emphasis on the relation to reproducibility of results.
- (b) Instrumentation requirements including calibration procedures, sources of error and their correction.

WAC 296-62-14541 (Cont.)

- (c) Performance of the testing including subject coaching, recognition of improperly performed maneuvers and corrective actions.
- (d) Data quality with emphasis on reproducibility.
- (e) Actual use of the equipment under supervised conditions.
- (f) Measurement of tracings and calculations of results.

[Statutory Authority: Chapter 49.17 RCW. 88-14-108 (Order 88-11), 296-62-14541, filed 7/6/88; 87-24-051 (Order 87-24), 296-62-14541, filed 11/30/87.]

WAC 296-62-14543 Appendix E--Vertical elutriator equivalency protocol.

- (a) Samples to be taken--In order to ascertain equivalency, it is necessary to collect a total of 100 samples from at least 10 sites in a mill. That is, there should be 10 replicate readings at each of 10 sites. The sites should represent dust levels which vary over the allowable range of 0.5 to 2 times the permissible exposure limit. Each sample requires the use of two vertical elutriators (VE's) and at least one but not more than two alternative devices (AD's). Thus, the end result is 200 VE readings and either 100 or 200 AD readings. The 2 VE readings and the 1 or 2 AD readings at each time and site must be made simultaneously. That is, the two VE's and one or two AD's must be arranged together in such a way that they are measuring essentially the same dust levels.
- (b) Data averaging--The two VE readings taken at each site are then averaged. These averages are to be used as the 100 VE readings. If two alternate devices were used, their test results are also averaged. Thus, after this step is accomplished, there will be 100 VE readings and 100 AD readings.
- (c) Differences--For each of the 100 sets of measurements (VE and AD) the difference is obtained as the average VE reading minus the AD reading. Call these differences D_i . Thus, we have.

$$D_i = VE_i - AD_i, i = 1, 2, \dots, 100(1)$$

Next we compute the arithmetic mean and standard deviations of the differences, using equations (2) and (3), respectively.

$$S_D = \sqrt{\frac{\sum D_i^2 - \frac{(\sum D_i)^2}{N}}{N}} \quad (3)$$

where N equals the number of differences (100 in this case).
 \bar{X}_D is the arithmetic mean and S_D is the standard deviation.

We next calculate the critical value as $T = KS_D + |\bar{X}_D|$
where $X = 1.87$, based on 100 samples.

$$\bar{X}_D = \frac{1}{N} \sum_{i=1}^N D_i \quad (2)$$

- (d) Equivalency test. The next step is to obtain the average of the 100 VE readings. This is obtained by equation (4)

WAC 296-62-14543 (Cont.)

$$X_{VE} = \frac{1}{N} \left(\sum_{i=1}^N VE_i \right) \quad (4)$$

We next multiply 0.25 by \bar{X}_{VE} . If $T < 0.25 \bar{X}_{VE}$, we can say that the alternate device has passed the equivalency test.

[Statutory Authority: RCW 49.17.040 and 49.17.050. 86-16-009 (Order 86-28), 296-62-14543, filed 7/25/86.]